

THE PROBLEMS WITH PALM OIL

Tropical rainforests and carbon-rich peatlands around the world are rapidly being destroyed to produce palm oil, a cheap vegetable oil high in saturated fats. In recent decades, palm oil has become a common ingredient in candy, peanut butter, soap, shampoo, conditioner, hair sprays, cosmetics, cooking oil, ramen noodles and other supermarket products, as well as biofuel. We suggest looking at the ingredient list of products you are considering buying, and if it says palm, buy another brand!



THE PALM OIL INDUSTRY IS DIRECTLY RESPONSIBLE FOR:

- (1) The destruction of critical wildlife habitat in some of the world's most biodiverse areas.
- (2) Heavy pesticide use and release of toxic chemicals as effluent from palm mills.
- (3) The release of huge amounts of carbon dioxide into the atmosphere through the burning and clearing of carbon-rich peatlands and rainforests, contributing to global warming.
- (4) Erosion, which clogs streams and facilitates landslides.
- (5) An increase in saturated fats in the human diet.
- (6) The displacement of indigenous people.
- (7) The use of child and forced labor.
- (8) Direct killing of wildlife by plantation owners who view animals that eat palm fruit as pests.
- (9) An increase in fossil fuel use as domestic sources of vegetable oil in the west are replaced with palm sourced from the other side of the planet.



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