



Free iPhone App
V Cards: Vegan Abroad

Free Android App
Under development



V-Cards

Updated April 13, 2018

Ensuring cruelty-free meals while educating
foreign eateries & stores about vegan options!

www.maxlearning.net/HEALTH/V-Cards.pdf

Reload/refresh webpage to ensure latest update!

To Use V-Cards

Please patronize 100% vegan restaurants—they need your support! But if none are available, most non-vegan eateries and grocery stores (although not ethically motivated) are eager for your business. Prepare V-Cards as detailed at the top of the desired language page, then hand one to your waiter or store staff.



Offline Access

Opening this file on some smartphones stores it in a download folder as **V-Cards.pdf**, which you can access with a File Manager app.



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Translation Sources

<http://translate.google.com>

~ Modified by native speaker/s

* 100% native speaker translation

Please email translation corrections to

mike.weinberg1952@gmail.com

HappyCow.Net: Global guide to vegan eateries, stores, and more.

www.happycow.net

MaxVegan HEALTH Topics: Humans, Environment, Animals, Learning

www.maxlearning.net/topics/health.htm

VeganCityBlog: Veganizing cities through dining choices & online activism.

www.maxlearning.net/HEALTH/VeganCityBlog.pdf

Afrikaans~

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

EK IS VEGAN

Slegs plant-gebaseerde voedsel asseblief!

GEEN VLEIS

Geen soogdier, voël, vis, seekos, insekte, sous, sop...

GEEN EIER

Geen eierwit, albumien, dooier...

GEEN SUIWELPRODUKTE

Geen melk, kaas, jogurt, wei, kaseïen, laktose...

GEEN DIER

Geen heuning, gelatien, varkvet, olie, bloed, been, vet...

[Afrikaans]

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[English]

UNË JAM VEGAN

Ushqimeve bimore vetëm ju lutem!

ASNJË MISH

Nuk ka gjitar, zog, peshk, ushqim deti,
insekteve salcë, lëng mishi...

NUK KA VEZË

Nuk ka të bardhë, albuminë, e verdhë veze...

NUK QUMËSHTIT

Nuk ka qumësht, djathë, kos, hirrë, kazeinë, lactose...

KA PRODUKTE SHTAZORE

Nuk ka mjaltë, xhelatinë, sallo naftës, gjaku, kockave, yndyrë...

[Albanian]

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[Albanian]

Amharic

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[English]

እኔ ቬጋን ነኝ

አትክልት ምግቦች ብቻ ነው ማስደሰት!

ምንም ስጋ

ምንም አጥቢ እንስሳ, ወፍ, ዓሣ, የባሕር ምግቦች, ነፍሳት, ስልስ, ሾርባ ...

ምንም እንቁላል

ምንም አስኳል, አልቡሚን, ነጮች ...

ምንም የወተት

ምንም ወተት, ክሬም, አይብ, እርጎ, whey, casein, ላክቶስ ...

ምንም የእንስሳት ምርቶች

ምንም ማር, gelatin, ስብ, ዘይት, ደም, የአጥንት, ስብ ...

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[Amharic]

Arabic~

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[English]

أنا نباتي
الأغذية النباتية فقط من فضلك!

لا لحم

أي الثدييات والطيور والأسماك والمأكولات البحرية ، والحشرات ،
وصلصة، مرق...

أي بيضة

أي البيض ، الزلال، صفار البيض...

لا الألبان

لا الحليب والجبن واللبن ، مصل اللبن ، الكازين واللاكتوز...

أي منتجات حيوانية

أي العسل ، والجيلاتين ، وشحم الخنزير وزيت الدم والعظام والدهون...

[Arabic]

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[Arabic]

Armenian

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[English]

ԵՄ VEGAN

բուսական սնունդ, միայն խնդրում եմ.

ոչ միս

ոչ կաթնասուն կենդանի, թռչուն, ձուկ, ծովամթերք, միջատների, սոուս, արգանակ ...

ոչ ձու

ոչ սպիտակ գույնի շորեր, սպիտակուց, ձվի դեղնուց ...

ոչ կաթնամթերքի

ոչ կաթ, պանիր, մածուն, շիճուկ, կազեին, կաթնաշաքար ...

ոչ Անասնաբուծական արտադրանքներ

ոչ մեղր, դոնդոլ, համեմել, ձեթ, արյան, ոսկորների, ճարպ ...

[Armenian]

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միջատների, սոուս, արգանակ ...

ոչ ձու

ոչ սպիտակ գույնի շորեր, սպիտակուց, ձվի դեղնուց ...

ոչ կաթնամթերքի

ոչ կաթ, պանիր, մածուն, շիճուկ, կազեին, կաթնաշաքար ...

ոչ Անասնաբուծական արտադրանքներ

ոչ մեղր, դոնդոլ, համեմել, ձեթ, արյան, ոսկորների, ճարպ ...

[Armenian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ԵՄ VEGAN

բուսական սնունդ, միայն խնդրում եմ.

ոչ միս

ոչ կաթնասուն կենդանի, թռչուն, ձուկ, ծովամթերք,

միջատների, սոուս, արգանակ ...

ոչ ձու

ոչ սպիտակ գույնի շորեր, սպիտակուց, ձվի դեղնուց ...

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ոչ կաթ, պանիր, մածուն, շիճուկ, կազեին, կաթնաշաքար ...

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ոչ մեղր, դոնդոլ, համեմել, ձեթ, արյան, ոսկորների, ճարպ ...

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[Armenian]

Azerbaijani

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NO DAIRY

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

Mən VEGAN AM

Bitkisel yalnız edin!

HEÇ BİR ƏT

Heç bir məməli, quş, balıq, dəniz, böcek, sous, bulyon ...

HEÇ BİR YUMURTA

Heç bir whites, zülal, yumurta sarısı ...

HEÇ BİR SÜD

Süd, pendir, yoqurt, zərdab, kazein, laktoza ...

HEÇ BİR HEYVAN MƏHSULLARININ

Bal Xeyr, jelatin, piy, yağ, qan, sümük, piy ...

[Azerbaijani]

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[English]

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[Azerbaijani]

Basque~

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

BEGANOA NAIZ

Mezedez, landareak jaten ditut bakarrik!

HARAGIRIK EZ

Ugastuna, hegazti, arrain, itsaskin intsektu edo saldarik ez...

ARRAUNTZARIK EZ

Ez zuririk, gorringoa, albumena...

ESNERIK EZ

Edo gaztarik, jogurta, kaseina, laktosa...

EDOZEIN ANIMALEKO PRODUKTUA

Eztia, gelatina, oiloa, odola, hezurra edo koipearik ez...

[Basque]

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[English]

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[Basque]

Belarusian

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[English]

Я СТРОГІ ВЕГЕТАРЫЯНЕЦ

Расліннай ежы толькі, калі ласка!

НЯМА МЯСА

Няма млекакормячых, птушак, рыба, морапрадукты, насякомых, соус, булён ...

НЯ ЯЙКА

Ня вавёркі, бялок, жаўток ...

НЯМА МАЛОЧНЫХ

Не малако, сыр, ёгурт, сыроватка, казеін, лактоза ...

НЯМА ПРАДУКТАЎ ЖЫВЁЛЬНАГА ПАХОДЖАННЯ

Не мёд, жэлацін, сала, масла, кроў, косці, тлушч ...

[Belarusian]

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[English]

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[English]

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[English]

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[Belarusian]

Bengali

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

আমি ভেজান am

উদ্ভিদ খাদ্য শুধুমাত্র দয়া!

কোন মাংস

কোন স্তন্যপায়ী, পাখি, মাছ, সী-ফুড, পোকা, সস, জুস ...

কোন ডিম

কোন কুসুম, শস্য, সাদা ...

কোন দুগ্ধ

কোন দুধ, ক্রিম, পনির, দই, ছানার জল, ল্যাকটোজ, ...

কোন প্রানীজ

কোন মধু, জিলেটিন, চর্বি, তেল, রক্ত, হাড়, চর্বি ...

[Bengali]

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[Bengali]

Bosnian

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[English]

JA SAM VEGAN

Biljnih namirnica jedino molim!

NEMA MESA

Ne sisara, ptica, riba, morski plodovi, insekata, sos, bujon ...

NO JAJE

Nema bijelaca, bjelance, žumance ...

NEMA MLIJEČNIH

Ne mlijeko, sir, jogurt, surutka, kazein, laktoza ...

NEMA ŽIVOTINJSKIH PROIZVODA

Nema meda, želatin, mast, ulje, krv, kosti, masti ...

[Bosnian]

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No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JA SAM VEGAN

Biljnih namirnica jedino molim!

NEMA MESA

Ne sisara, ptica, riba, morski plodovi, insekata, sos, bujon ...

NO JAJE

Nema bijelaca, bjelance, žumance ...

NEMA MLIJEČNIH

Ne mlijeko, sir, jogurt, surutka, kazein, laktoza ...

NEMA ŽIVOTINJSKIH PROIZVODA

Nema meda, želatin, mast, ulje, krv, kosti, masti ...

[Bosnian]

Bulgarian~

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

АЗ СЪМ ВЕГАН

Само растителна храна, моля!

БЕЗ МЕСО

от бозайници, птици, риба, морски дарове
насекоми, както и в сосове и бульони

БЕЗ ЯЙЦА

без белтъци и желтъци

БЕЗ МЛЕЧНИ ПРОДУКТИ

без мляко, кисело мляко, сирене, кашкавал,
извара, казеин, лактоза

БЕЗ ЖИВОТИНСКИ СЪСТАВКИ

мед, желатин, масло, свинска мас, мазнини, кости, кръв

[Bulgarian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

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NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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[Bulgarian]

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[English]

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БЕЗ ЖИВОТИНСКИ СЪСТАВКИ

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[Bulgarian]

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

АЗ СЪМ ВЕГАН

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БЕЗ МЕСО

от бозайници, птици, риба, морски дарове
насекоми, както и в сосове и бульони

БЕЗ ЯЙЦА

без белтъци и желтъци

БЕЗ МЛЕЧНИ ПРОДУКТИ

без мляко, кисело мляко, сирене, кашкавал,
извара, казеин, лактоза

БЕЗ ЖИВОТИНСКИ СЪСТАВКИ

мед, желатин, масло, свинска мас, мазнини, кости, кръв

[Bulgarian]

Cambodian*

This is a native speaker's translation. See "Khmer" for the Google Translate version.

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ខ្ញុំបាទ/ខ្ញុំស្រី គឺជា វេជ្ជបណ្ឌិត បរិស្ថាន
គ្មាន ឈាម ឬ ផលិតផល ឈាម ឡើយ
គ្មាន កាយ ឬ ផលិតផល កាយ ឡើយ
គ្មាន កាយ ឬ ផលិតផល កាយ ឡើយ
គ្មាន កាយ ឬ ផលិតផល កាយ ឡើយ
គ្មាន កាយ ឬ ផលិតផល កាយ ឡើយ

[Cambodian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ខ្ញុំបាទ/ខ្ញុំស្រី គឺជា វេជ្ជបណ្ឌិត បរិស្ថាន
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[Cambodian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ខ្ញុំបាទ/ខ្ញុំស្រី គឺជា វេជ្ជបណ្ឌិត បរិស្ថាន
គ្មាន ឈាម ឬ ផលិតផល ឈាម ឡើយ
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[Cambodian]

I AM VEGAN

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No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ខ្ញុំបាទ/ខ្ញុំស្រី គឺជា វេជ្ជបណ្ឌិត បរិស្ថាន
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គ្មាន កាយ ឬ ផលិតផល កាយ ឡើយ

[Cambodian]

Catalan

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JO SÓC VEGÀ

Aliments d'origen vegetal només si us plau!

SENSE CARN

No mamífers, aus, peixos, mariscs, insectes, salsa, brou ...

SENSE OU

No blancs, albúmina, rovell d'ou ...

NO LACTIS

No hi ha llet, formatge, iogurt, sèrum de llet, caseïna, lactosa ...

SENSE PRODUCTES D'ORIGEN ANIMAL

No la mel, gelatina, mantega, oli, sang, os, greix ...

[Catalan]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JO SÓC VEGÀ

Aliments d'origen vegetal només si us plau!

SENSE CARN

No mamífers, aus, peixos, mariscs, insectes, salsa, brou ...

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No blancs, albúmina, rovell d'ou ...

NO LACTIS

No hi ha llet, formatge, iogurt, sèrum de llet, caseïna, lactosa ...

SENSE PRODUCTES D'ORIGEN ANIMAL

No la mel, gelatina, mantega, oli, sang, os, greix ...

[Catalan]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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No la mel, gelatina, mantega, oli, sang, os, greix ...

[Catalan]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JO SÓC VEGÀ

Aliments d'origen vegetal només si us plau!

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No mamífers, aus, peixos, mariscs, insectes, salsa, brou ...

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No hi ha llet, formatge, iogurt, sèrum de llet, caseïna, lactosa ...

SENSE PRODUCTES D'ORIGEN ANIMAL

No la mel, gelatina, mantega, oli, sang, os, greix ...

[Catalan]

Cebuano

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

AKO MAO VEGAN

Tanom nga pagkaon lamang please!

WALAY BISAN UNSA NGA KALAN-ON

Walay mga mammal, langgam, isda, seafood, insekto, salsahan, sabaw ...

WALAY BISAN UNSA NGA ITLOG

Walay mga puti, albumen, yolk ...

WALAY BISAN UNSA NGA DAIRY

Nga walay gatas, keso, yogurt, whey, casein, lactose ...

NGA WALAY MGA MANANAP NGA MGA PRODUKTO

Walay bisan unsa nga dugos, gelatin, lard, sa lana, sa dugo, bukog, tambok ...

[Cebuano]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

AKO MAO VEGAN

Tanom nga pagkaon lamang please!

WALAY BISAN UNSA NGA KALAN-ON

Walay mga mammal, langgam, isda, seafood, insekto, salsahan, sabaw ...

WALAY BISAN UNSA NGA ITLOG

Walay mga puti, albumen, yolk ...

WALAY BISAN UNSA NGA DAIRY

Nga walay gatas, keso, yogurt, whey, casein, lactose ...

NGA WALAY MGA MANANAP NGA MGA PRODUKTO

Walay bisan unsa nga dugos, gelatin, lard, sa lana, sa dugo, bukog, tambok ...

[Cebuano]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

AKO MAO VEGAN

Tanom nga pagkaon lamang please!

WALAY BISAN UNSA NGA KALAN-ON

Walay mga mammal, langgam, isda, seafood, insekto, salsahan, sabaw ...

WALAY BISAN UNSA NGA ITLOG

Walay mga puti, albumen, yolk ...

WALAY BISAN UNSA NGA DAIRY

Nga walay gatas, keso, yogurt, whey, casein, lactose ...

NGA WALAY MGA MANANAP NGA MGA PRODUKTO

Walay bisan unsa nga dugos, gelatin, lard, sa lana, sa dugo, bukog, tambok ...

[Cebuano]

I AM VEGAN

Plant foods only please!

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NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

AKO MAO VEGAN

Tanom nga pagkaon lamang please!

WALAY BISAN UNSA NGA KALAN-ON

Walay mga mammal, langgam, isda, seafood, insekto, salsahan, sabaw ...

WALAY BISAN UNSA NGA ITLOG

Walay mga puti, albumen, yolk ...

WALAY BISAN UNSA NGA DAIRY

Nga walay gatas, keso, yogurt, whey, casein, lactose ...

NGA WALAY MGA MANANAP NGA MGA PRODUKTO

Walay bisan unsa nga dugos, gelatin, lard, sa lana, sa dugo, bukog, tambok ...

[Cebuano]

Chichewa

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

Ine Ndine Wosadyeratu Zanyama Zilizonse

Chomera zakudya musangalatse!

PALIBE NYAMA

Palibe nyama, mbalame, nsomba, nsomba, tizilombo, msuzi, msuzi ...

PALIBE DZIRA

Palibe yolk, albumen, azungu ...

PALIBE MKAKA

Palibe mkaka, tchizi, yogurt, whey, casein, lactose ...

PALIBE ZIWETO

Palibe uchi, gelatin, anyama, mafuta, magari, fupa, mafuta ...

[Chichewa]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

Ine Ndine Wosadyeratu Zanyama Zilizonse

Chomera zakudya musangalatse!

PALIBE NYAMA

Palibe nyama, mbalame, nsomba, nsomba, tizilombo, msuzi, msuzi ...

PALIBE DZIRA

Palibe yolk, albumen, azungu ...

PALIBE MKAKA

Palibe mkaka, tchizi, yogurt, whey, casein, lactose ...

PALIBE ZIWETO

Palibe uchi, gelatin, anyama, mafuta, magari, fupa, mafuta ...

[Chichewa]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

Ine Ndine Wosadyeratu Zanyama Zilizonse

Chomera zakudya musangalatse!

PALIBE NYAMA

Palibe nyama, mbalame, nsomba, nsomba, tizilombo, msuzi, msuzi ...

PALIBE DZIRA

Palibe yolk, albumen, azungu ...

PALIBE MKAKA

Palibe mkaka, tchizi, yogurt, whey, casein, lactose ...

PALIBE ZIWETO

Palibe uchi, gelatin, anyama, mafuta, magari, fupa, mafuta ...

[Chichewa]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

Ine Ndine Wosadyeratu Zanyama Zilizonse

Chomera zakudya musangalatse!

PALIBE NYAMA

Palibe nyama, mbalame, nsomba, nsomba, tizilombo, msuzi, msuzi ...

PALIBE DZIRA

Palibe yolk, albumen, azungu ...

PALIBE MKAKA

Palibe mkaka, tchizi, yogurt, whey, casein, lactose ...

PALIBE ZIWETO

Palibe uchi, gelatin, anyama, mafuta, magari, fupa, mafuta ...

[Chichewa]

Chinese (Simplified)~

Mainland China Singapore

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

我是严格素食主义者：

我只吃植物性食物！

非肉类：

不吃哺乳动物类，鸟类，鱼类，海鲜，昆虫，肉酱汁，肉汤...

非蛋类：

不吃蛋清，蛋白，蛋黄...

非奶类：

不吃牛奶，奶酪，酸奶，乳清，酪蛋白，乳糖...

非任何其他别的动物产品：

不吃蜂蜜，骨胶果冻，猪油，其他别的动物油，血，骨，脂肪...

[Chinese - Simplified]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

我是严格素食主义者：

我只吃植物性食物！

非肉类：

不吃哺乳动物类，鸟类，鱼类，海鲜，昆虫，肉酱汁，肉汤...

非蛋类：

不吃蛋清，蛋白，蛋黄...

非奶类：

不吃牛奶，奶酪，酸奶，乳清，酪蛋白，乳糖...

非任何其他别的动物产品：

不吃蜂蜜，骨胶果冻，猪油，其他别的动物油，血，骨，脂肪...

[Chinese - Simplified]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

我是严格素食主义者：

我只吃植物性食物！

非肉类：

不吃哺乳动物类，鸟类，鱼类，海鲜，昆虫，肉酱汁，肉汤...

非蛋类：

不吃蛋清，蛋白，蛋黄...

非奶类：

不吃牛奶，奶酪，酸奶，乳清，酪蛋白，乳糖...

非任何其他别的动物产品：

不吃蜂蜜，骨胶果冻，猪油，其他别的动物油，血，骨，脂肪...

[Chinese - Simplified]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

我是严格素食主义者：

我只吃植物性食物！

非肉类：

不吃哺乳动物类，鸟类，鱼类，海鲜，昆虫，肉酱汁，肉汤...

非蛋类：

不吃蛋清，蛋白，蛋黄...

非奶类：

不吃牛奶，奶酪，酸奶，乳清，酪蛋白，乳糖...

非任何其他别的动物产品：

不吃蜂蜜，骨胶果冻，猪油，其他别的动物油，血，骨，脂肪...

[Chinese - Simplified]

Chinese (Traditional)~

Taiwan Hong Kong

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

我是嚴格素食主義者：

我只吃植物性食物！

非肉類：

不吃哺乳動物類，鳥類，魚類，海鮮，昆蟲，肉醬汁，肉湯...

非蛋類：

不吃蛋清，蛋白，蛋黃...

非奶類：

不吃牛奶，奶酪，酸奶，乳清，酪蛋白，乳糖...

非任何其他別的動物產品：

不吃蜂蜜，骨膠果凍，豬油，其他別的動物油，血，骨，脂肪...

[Chinese - Traditional]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

我是嚴格素食主義者：

我只吃植物性食物！

非肉類：

不吃哺乳動物類，鳥類，魚類，海鮮，昆蟲，肉醬汁，肉湯...

非蛋類：

不吃蛋清，蛋白，蛋黃...

非奶類：

不吃牛奶，奶酪，酸奶，乳清，酪蛋白，乳糖...

非任何其他別的動物產品：

不吃蜂蜜，骨膠果凍，豬油，其他別的動物油，血，骨，脂肪...

[Chinese - Traditional]

I AM VEGAN

Plant foods only please!

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NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

我是嚴格素食主義者：

我只吃植物性食物！

非肉類：

不吃哺乳動物類，鳥類，魚類，海鮮，昆蟲，肉醬汁，肉湯...

非蛋類：

不吃蛋清，蛋白，蛋黃...

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不吃牛奶，奶酪，酸奶，乳清，酪蛋白，乳糖...

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不吃蜂蜜，骨膠果凍，豬油，其他別的動物油，血，骨，脂肪...

[Chinese - Traditional]

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

我是嚴格素食主義者：

我只吃植物性食物！

非肉類：

不吃哺乳動物類，鳥類，魚類，海鮮，昆蟲，肉醬汁，肉湯...

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非任何其他別的動物產品：

不吃蜂蜜，骨膠果凍，豬油，其他別的動物油，血，骨，脂肪...

[Chinese - Traditional]

Corsican

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

SÒ VEGÉTALIEN

Viscotta, pianta fariti solu!

SENZA CARNE

Senza mammal, acellu, pisci, courgettes, insecte, salsa, pollu ...

SENZA OVU

Micca invece, albumen, i bianchi ...

SENZA CASGILI

Jiritu di latti, crema, furmagliu, yogourt, puricciu, pràstica, intolleranti ...

MICCA I PRUDUTTI ANIMALE

Senza mele, gelatine, fumé, oliu, u sangue, di elle, grassu ...

[Corsican]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

SÒ VEGÉTALIEN

Viscotta, pianta fariti solu!

SENZA CARNE

Senza mammal, acellu, pisci, courgettes, insecte, salsa, pollu ...

SENZA OVU

Micca invece, albumen, i bianchi ...

SENZA CASGILI

Jiritu di latti, crema, furmagliu, yogourt, puricciu, pràstica, intolleranti ...

MICCA I PRUDUTTI ANIMALE

Senza mele, gelatine, fumé, oliu, u sangue, di elle, grassu ...

[Corsican]

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[English]

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[English]

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Viscotta, pianta fariti solu!

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SENZA OVU

Micca invece, albumen, i bianchi ...

SENZA CASGILI

Jiritu di latti, crema, furmagliu, yogourt, puricciu, pràstica, intolleranti ...

MICCA I PRUDUTTI ANIMALE

Senza mele, gelatine, fumé, oliu, u sangue, di elle, grassu ...

[Corsican]

Croatian~

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Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JA SAM VEGAN / VEGANKA

Molim samo biljnu hranu!

BEZ MESA

Ne jedem sisavce, perad, ribu, plodove mora, insekte, umake, juhe i temeljce u kojima se kuhalo meso...

BEZ JAJA

Ne jedem bjelanjak ni žumanjak...

BEZ MLIJEČNIH PROIZVODA

Ne jedem mlijeko, sir, jogurt, sirutku, kazein, laktozu...

BEZ ŽIVOTINJSKIH PROIZVODA

Ne jedem med, želatinu, životinjsku mast, krv, kosti...

[Croatian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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[Croatian]

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[English]

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[Croatian]

Czech~

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Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose, butter...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JSEM VEGAN

Pouze rostlinné potraviny, prosím!

ŽÁDNÉ MASO

Žádné savce, ptáky, ryby, mořské plody, hmyz, omáčky, vývar ...

ŽÁDNÉ VEJCE

Ne bílek, žloutek ...

BEZ MLÉKA A MLÉČNÝCH VÝROBKŮ

Žádné mléko, sýry, jogurt, syrovátku, kasein, laktózu, máslo ...

ŽÁDNÉ ŽIVOČIŠNÉ PRODUKTY

Žádný med, želatinu, sádlo, olej, krev, kosti, tuk ...

[Czech]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose, butter...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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Žádné savce, ptáky, ryby, mořské plody, hmyz, omáčky, vývar ...

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Žádné mléko, sýry, jogurt, syrovátku, kasein, laktózu, máslo ...

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Žádný med, želatinu, sádlo, olej, krev, kosti, tuk ...

[Czech]

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[English]

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[Czech]

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JSEM VEGAN

Pouze rostlinné potraviny, prosím!

ŽÁDNÉ MASO

Žádné savce, ptáky, ryby, mořské plody, hmyz, omáčky, vývar ...

ŽÁDNÉ VEJCE

Ne bílek, žloutek ...

BEZ MLÉKA A MLÉČNÝCH VÝROBKŮ

Žádné mléko, sýry, jogurt, syrovátku, kasein, laktózu, máslo ...

ŽÁDNÉ ŽIVOČIŠNÉ PRODUKTY

Žádný med, želatinu, sádlo, olej, krev, kosti, tuk ...

[Czech]

Danish~

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JEG ER VEGANER

Kun planteføde tak!

INTET KØD

Ingen pattedyr, fugle, fisk, skaldyr, insekter, kødsauce, kød-/fiske-/fjerkræsbouillon...

INGEN ÆG

Ingen æggehvide, æggehvidestof, blomme ...

INGEN MEJERIPRODUKTER

Ingen mælk, ost, yoghurt, valle, kasein, lactose, smør...

INGEN DYREPRODUKTER

Ingen honning, gelatine, svinefedt, fiskeolie, blod, knogler, fedt ...

[Danish]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JEG ER VEGANER

Kun planteføde tak!

INTET KØD

Ingen pattedyr, fugle, fisk, skaldyr, insekter, kødsauce, kød-/fiske-/fjerkræsbouillon...

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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[Danish]

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[English]

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[Danish]

Dutch~

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No whites, albumen, yolk...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

IK BEN VEGANIST

Alleen plantaardige voedsel, alstublieft!

GEEN VLEES

Geen zoogdier, vogel, vis, zeevruchten, insect, saus, bouillon

GEEN EIEREN

Geen eiwitten, eierdooier...

GEEN ZUIVEL

Geen melk, room, kaas, yoghurt, wei, caseïne, lactose ...

GEEN DIERLIJKE PRODUCTEN

Geen honing, gelatine, reuzel, olie, bloed, bot, vet ...

[Dutch]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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[Dutch]

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No mammal, bird, fish, seafood, insect, sauce, broth...

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No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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[English]

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GEEN VLEES

Geen zoogdier, vogel, vis, zeevruchten, insect, saus, bouillon

GEEN EIEREN

Geen eiwitten, eierdooier...

GEEN ZUIVEL

Geen melk, room, kaas, yoghurt, wei, caseïne, lactose ...

GEEN DIERLIJKE PRODUCTEN

Geen honing, gelatine, reuzel, olie, bloed, bot, vet ...

[Dutch]

English

Print this page. Cut out folded cards.

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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[English]

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No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

Esperanto

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

MI ESTAS VEGANA

Planto nutraĵojn nur bonvolu!

NENIU KARNO

Neniu mamulo, birdo, fiŝo, mariskoj, insekto, saŭco, buljono ...

NENIU OVO

Neniu blankuloj, albumino, yema ...

NENIU LAKTO

Neniu lakto, fromaĝo, jogurto, serumo, kazeino, laktozo ...

NENIU BESTO PRODUKTOJ

Neniu mielo, gelateno, lardo, oleo, sango, ostoj, graso ...

[Esperanto]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

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[English]

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[Esperanto]

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Neniu mielo, gelateno, lardo, oleo, sango, ostoj, graso ...

[Esperanto]

Estonian

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

MA OLEN VEGAN

Taimetoiduküllane ainult palun!

ILMA LIHATA

Ei imetaja, lind, kala, mereande, putukate, kaste, puljong ...

ÜHTEGI MUNA

Ei ole valged, albumiin, munakollane ...

EI MEIEREI

Ei piim, juust, jogurt, vadak, kaseiin, laktoos ...

EI OLE LOOMSETE SAADUSTE

Ei ole mesi, želatiin, sulatatud searasva õli, veri, luud, rasva ...

[Estonian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

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[English]

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[English]

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Ei ole mesi, želatiin, sulatatud searasva õli, veri, luud, rasva ...

[Estonian]

Filipino

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

AKO VEGAN

Pagkaing halaman lamang mangyaring!

WALANG KARNE

Walang mga hayop na nagpapasuso, ibon, isda, seafood, insekto, sarsa, sabaw ...

WALANG ITLOG

Walang mga puti, puti ng itlog, yok ...

WALANG PAGAWAAN NG GATAS

Walang gatas, keso, yogurt, patis ng gatas, kasein, lactose ...

WALANG HAYOP MGA PRODUKTO

Walang honey, gulaman, mantika, langis, dugo, buto, taba ...

[Filipino]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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WALANG HAYOP MGA PRODUKTO

Walang honey, gulaman, mantika, langis, dugo, buto, taba ...

[Filipino]

I AM VEGAN

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NO DAIRY

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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[Filipino]

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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Walang mga puti, puti ng itlog, yok ...

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Walang gatas, keso, yogurt, patis ng gatas, kasein, lactose ...

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Walang honey, gulaman, mantika, langis, dugo, buto, taba ...

[Filipino]

Finnish~

I AM VEGAN

Plant foods only please!

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No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

OLEN VEGAANI

Vain kasvisruokaa, kiitos!

EI LIHAA

Ei nisäkästä, lintua, kalaa, äyriäisiä, hyönteisiä, kastiketta, lientä...

EI MUNAA

Ei valkuaista, keltuaista...

EI MAITOTUOTTEITA

Ei maitoa, juustoa, jogurttia, heraa, kaseiinia, laktoosia...

EI ELÄINTUOTTEITA

Ei hunajaa, liivatetta, ihoa, öljyä, verta, luuta, rasvaa...

[Finnish]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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Ei hunajaa, liivatetta, ihoa, öljyä, verta, luuta, rasvaa...

[Finnish]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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Ei maitoa, juustoa, jogurttia, heraa, kaseiinia, laktoosia...

EI ELÄINTUOTTEITA

Ei hunajaa, liivatetta, ihoa, öljyä, verta, luuta, rasvaa...

[Finnish]

French~

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JE SUIS VÉGÉTALIEN

Aliments d'origine végétale uniquement, s'il vous plaît!

PAS DE VIANDE

Pas de mammifères, de volailles, de poissons, de crustacés, d'insectes, ou de sauce/bouillon à base de ces produits...

PAS D'ŒUF

Pas de blanc d'œuf, d'albumine, de jaune d'œuf...

PAS DE PRODUITS LAITIERS

Pas de lait, de fromage, de yaourt, de petit-lait, de caséine, de lactose...

PAS DE PRODUITS D'ORIGINE ANIMALE

Pas de miel, de gélatine, de saindoux, de graisse, de sang, d'os...

[French]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JE SUIS VÉGÉTALIEN

Aliments d'origine végétale uniquement, s'il vous plaît!

PAS DE VIANDE

Pas de mammifères, de volailles, de poissons, de crustacés, d'insectes, ou de sauce/bouillon à base de ces produits...

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Pas de miel, de gélatine, de saindoux, de graisse, de sang, d'os...

[French]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JE SUIS VÉGÉTALIEN

Aliments d'origine végétale uniquement, s'il vous plaît!

PAS DE VIANDE

Pas de mammifères, de volailles, de poissons, de crustacés, d'insectes, ou de sauce/bouillon à base de ces produits...

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Pas de blanc d'œuf, d'albumine, de jaune d'œuf...

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[French]

I AM VEGAN

Plant foods only please!

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No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JE SUIS VÉGÉTALIEN

Aliments d'origine végétale uniquement, s'il vous plaît!

PAS DE VIANDE

Pas de mammifères, de volailles, de poissons, de crustacés, d'insectes, ou de sauce/bouillon à base de ces produits...

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Pas de blanc d'œuf, d'albumine, de jaune d'œuf...

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PAS DE PRODUITS D'ORIGINE ANIMALE

Pas de miel, de gélatine, de saindoux, de graisse, de sang, d'os...

[French]

Frisian

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

IK BIN VEGAN

Plant foods allinnich haegje!

GJIN FLEIS

Gjin sûchdier, fûgel, fisk, seafood, insect, saus, bouillon ...

GJIN AAI

Gjin djerre, albumen, blanken ...

GJIN DAIRY

Gjin molke, cream, tsiis, yoghurt, wei, casein, lactose ...

GJIN DIER PRODUKTEN

Gjin huning, gelatine, lard, oalje, bloed, bonken, fat ...

[Frisian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

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[English]

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Plant foods allinnich haegje!

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GJIN DIER PRODUKTEN

Gjin huning, gelatine, lard, oalje, bloed, bonken, fat ...

[Frisian]

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Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

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[Frisian]

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[English]

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Plant foods allinnich haegje!

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GJIN DIER PRODUKTEN

Gjin huning, gelatine, lard, oalje, bloed, bonken, fat ...

[Frisian]

Galacian

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

EU SON VEGAN

Alimentos de orixe vexetal só por favor!

SEN CARNE

Non mamíferos, aves, peixes, mariscos,
insectos, salsa de caldo de carne ...

NINGÚN OVO

Non brancos, albúmen, xema ...

NINGUNHA LEITE

Sen leite, queixo, iogur, soro de leite, a caseína, lactosa ...

SEN PRODUTOS ANIMAIS

Ningún mel, gelatina, baña, aceite, sangue, ósos, graxa ...

[Galacian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

EU SON VEGAN

Alimentos de orixe vexetal só por favor!

SEN CARNE

Non mamíferos, aves, peixes, mariscos,
insectos, salsa de caldo de carne ...

NINGÚN OVO

Non brancos, albúmen, xema ...

NINGUNHA LEITE

Sen leite, queixo, iogur, soro de leite, a caseína, lactosa ...

SEN PRODUTOS ANIMAIS

Ningún mel, gelatina, baña, aceite, sangue, ósos, graxa ...

[Galacian]

I AM VEGAN

Plant foods only please!

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No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

EU SON VEGAN

Alimentos de orixe vexetal só por favor!

SEN CARNE

Non mamíferos, aves, peixes, mariscos,
insectos, salsa de caldo de carne ...

NINGÚN OVO

Non brancos, albúmen, xema ...

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Sen leite, queixo, iogur, soro de leite, a caseína, lactosa ...

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[Galacian]

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[English]

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Alimentos de orixe vexetal só por favor!

SEN CARNE

Non mamíferos, aves, peixes, mariscos,
insectos, salsa de caldo de carne ...

NINGÚN OVO

Non brancos, albúmen, xema ...

NINGUNHA LEITE

Sen leite, queixo, iogur, soro de leite, a caseína, lactosa ...

SEN PRODUTOS ANIMAIS

Ningún mel, gelatina, baña, aceite, sangue, ósos, graxa ...

[Galacian]

Georgian

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

მე VEGAN

მცენარეული საკვები მხოლოდ გთხოვთ!

არ ხორცი

არ mammal, ფრინველი, თევზი, ზღვის პროდუქტები, მწერების, სოუსი, ბულიონი ...

არ კვერცხი

არ თეთრკანიანი, albumen, yolk ...

არ რძის

არ რძე, ყველი, იოგურტი, ჭიქურა, casein, ლაქტოზის ...

არ მეცხოველეობის პროდუქციის

არ თაფლი, ჟელატინი, lard, ზეთი, სისხლის, ძვლის, ცხიმის ... [Georgian]

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German~

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[English]

ICH BIN VEGAN

Bitte nur pflanzliches Essen!

KEIN FLEISCH

Kein(e) Säugetiere, Geflügel, Fisch, Meeresfrüchte, Insekten, Fleisch/Fischsoße, Fleisch/Hühnerbrühe...

KEINE EIER

Kein Eiweiß, Eiklar, Eigelb...

KEINE MILCHPRODUKTE

Kein(e) Milch, Sahne, Käse, Joghurt, Molke, Kasein, Laktose...

KEINE TIERISCHEN PRODUKTE

Kein(e) Honig, Gelatine, Schmalz, Öl, Blut, Knochen, Fett...

[German]

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Greek

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[English]

ΕΪΜΑΙ VEGAN

Φυτικές τροφές μόνο παρακαλώ!

ΚΑΘΏΛΟΥ ΚΡΈΑΣ

ΔΕΝ θηλαστικών, πουλιών, ψαριών, θαλασσινών, εντόμων, σάλτσα, ζωμό ...

ΚΑΝ'ΕΝΑ ΑΥΓΟ

ΔΕΝ λευκά, ασπράδι αυγού, κρόκο ...

ΔΕΝ ΓΑΛΑΚΤΟΚΟΜΙΚΑ

Χωρίς γάλα, τυρί, γιαούρτι, ορός γάλακτος, καζεΐνη, λακτόζη ...

ΔΕΝ ΤΑ ΖΩΙΚΑ ΠΡΟΪΟΝΤΑ

ΔΕΝ το μέλι, τη ζελατίνη, το λαρδί, το πετρέλαιο, το αίμα, οστά, λίπος ...

[Greek]

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[English]

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[Greek]

Gujarati~

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NO EGG

No yolk, albumen, whites...

NO DAIRY

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

હું શુદ્ધ શાકભાજી છું

શાકભાજી ખોરાક માત્ર કૃપા કરીને!

કોઈ માંસ નહીં

કોઈ સસ્તન, પક્ષી, માછલી, સીફુડ, જંતુ, ચટણી, સૂપ નહીં

કોઈ ઇંડા નહીં

કોઈ જરદી, એવર્જીન, ગોરા નહીં

કોઈ ડેરી નહીં

કોઈ દૂધ, કીમ, ચીઝ, દહીં, છાશ, કેસીન, લેક્ટોઝ નહીં

કોઈ પશુ ઉત્પાદનો નહીં

કોઈ મધ, જિવેટીન, ચરબીયુક્ત, પ્રાણી અથવા માછલીનું તેલ, રક્ત, અસ્થિ, ચરબી નહીં

[Gujarati]

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[Gujarati]

Haitian Creole

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No whites, albumen, yolk...

NO DAIRY

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

SE MWEN MENM VEGAN

Manje plant sèlman tanpri!

PA GEN OKENN VYANN

Pa gen okenn mamifè, zwazo, pwason, bèt lanmè, ensèk, sòs, bouyon...

PA GEN OKENN ZE

Pa gen okenn blan, albumine, jònze ...

PA GEN OKENN LETYE

Pa gen okenn lèt, fwomaj, yogout, laktoserom, kazein, laktoz ...

PA GEN OKENN PWODWI BÈT

Pa gen okenn siwo myèl, jelatin, lwil là kochon, san, nan zo, grès ...

[Haitian Creole]

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[English]

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NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

SE MWEN MENM VEGAN

Manje plant sèlman tanpri!

PA GEN OKENN VYANN

Pa gen okenn mamifè, zwazo, pwason, bèt lanmè, ensèk, sòs, bouyon...

PA GEN OKENN ZE

Pa gen okenn blan, albumine, jònze ...

PA GEN OKENN LETYE

Pa gen okenn lèt, fwomaj, yogout, laktoserom, kazein, laktoz ...

PA GEN OKENN PWODWI BÈT

Pa gen okenn siwo myèl, jelatin, lwil là kochon, san, nan zo, grès ...

[Haitian Creole]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

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[Haitian Creole]

Hausa

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[English]

NI MARAS CIN NAMA

Shuka abinci kawai faranta!

BABU WANI NAMA

Ba dabba bace, tsuntsu, kifi, cin abincin teku, kwari, sauce, broth

BA KWAI

Babu wani fata, albumen, gwaiduwa ...

BA KIWO

Ba madara, cuku, yogurt, whey, casein, lactose ...

BABU DABBA DA KAYAYYAKIN

Ba zuma, gelatin, man alade, man, da jini, kashi, mai ...

[Hausa]

I AM VEGAN

Plant foods only please!

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[Hausa]

Hawaiian

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

OWAU NO VEGAN

Kanu'ai wale hooluolu i ke!

OLE AI

Aole iaeaiieoa, manu, ka i'a, Mea'Ai O Ke Kai, insect, sauce, kai

AOLE HUA

Aole yolk, albumen, 'oia'i'o ma loko ...

AOLE DAIRY

Aole waiu, holika, me ka waiū, yogurt, whey, casein, lactose ...

AOHE HOLOHOLONA HUAHANA

Aole meli, gelatin, lard, ka'aila, ke koko, ka iwi, momona ...

[Hawaiian]

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[Hawaiian]

Hebrew~

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[English]

אני טבעוני/ת

מזונות מהצומח בלבד בבקשה

לא מוצרי בשר

כולל יונקים, עופות, דגים, פירות ים, חרקים, רוטב, מרק

לא מוצרי ביצים

כולל חלבון, חלמון

לא מוצרי חלב

כולל חלב, גבינה, יוגורט, מי גבינה, קזאין, לקטוז

לא מוצרים מן החי

כולל דבש, ג'לטין, שומן, שמן, דם, עצמות

[Hebrew]

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[Hebrew]

Hindi

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[English]

मैं वैगन (शुद्ध शाकाहारी) हूँ

केवल पौधों का खाद्य पदार्थ कृपया!

कोई मांस नहीं

कोई स्तनपायी, पक्षी, मछली, समुद्री भोजन, कीट, साँस, शोरबा नहीं

कोई अंडा नहीं

कोई जर्दी, सब्जियाँ, सफेद नहीं

कोई सं दूध उत्पादों नहीं

कोई दूध, क्रीम, पनीर, दही, मट्ठा, कैसिइन, लैक्टोज नहीं

कोई पशु उत्पादों नहीं

कोई शहद, जिलेटिन, चरबी, पशु या मछली का तेल, रक्त, हड्डी, वसा नहीं

[Hindi]

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[Hindi]

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[Hindi]

Hmong

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[English]

KUV YOG NEEG TSIS NOJ NQAIJ

Nroj cov khoom noj uas tsuas thov!

TSIS MUAJ NQAIJ

Tsis muaj mammal, noog, ntses,
nqaij hav dej, kab, sauce, broth ...

TSIS MUAJ QE

Tsis dawb, albumen, yolk ...

TSIS MUAJ CHAW YUJ NYUJ

Tsis muaj mis nyuj, cheese, yogurt, whey, casein, lactose ...

TSIS MUAJ TSIAJ COV KHOOM

Tsis muaj zib mu, gelatin, lard, roj,
ntshav, cov pob txha, muaj roj ...

[Hmong]

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[Hmong]

Hungarian~

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[English]

VEGÁN VAGYOK

Csak növényi eredetű ételt kérek

HÚST NEM

Se emlőst, se madarat, halat, tenger gyümölcseit, vagy bogarat
szószban és mártásban sem

TOJÁST SEM

Se fehérje, se sárgája

TEJTERMÉKET SEM

Se tejet, se sajtót, joghurtot, tejsavót, kazeint vagy laktózt

SEMMI ÁLLATI EREDETŰ TERMÉKET

Se méz, zselatin, zsír, olaj, vér, csont vagy zsír

[Hungarian]

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Csak növényi eredetű ételt kérek

HÚST NEM

Se emlőst, se madarat, halat, tenger gyümölcseit, vagy bogarat
szószban és mártásban sem

TOJÁST SEM

Se fehérje, se sárgája

TEJTERMÉKET SEM

Se tejet, se sajtót, joghurtot, tejsavót, kazeint vagy laktózt

SEMMI ÁLLATI EREDETŰ TERMÉKET

Se méz, zselatin, zsír, olaj, vér, csont vagy zsír

[Hungarian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

VEGÁN VAGYOK

Csak növényi eredetű ételt kérek

HÚST NEM

Se emlőst, se madarat, halat, tenger gyümölcseit, vagy bogarat
szószban és mártásban sem

TOJÁST SEM

Se fehérje, se sárgája

TEJTERMÉKET SEM

Se tejet, se sajtót, joghurtot, tejsavót, kazeint vagy laktózt

SEMMI ÁLLATI EREDETŰ TERMÉKET

Se méz, zselatin, zsír, olaj, vér, csont vagy zsír

[Hungarian]

Icelandic~

I AM VEGAN

Plant foods only please!

NO MEAT

No meat, poultry, fish, shellfish, insect, sauce, broth...

NO EGG

No whites or yolk...

NO DAIRY

No milk, cheese, yogurt, rennet, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, meat/fish oil, blood, bone, fat...

[English]

Ég er vegan

Einungis grænmetisfæði, takk!

Ekkert kjöt

Ekkert rautt kjöt, fuglakjöt, fisk, skelfisk, skordýr, kjötsoð né kjötkraft...

Engin egg

Hvorki eggjahvítur né eggjarauður...

ENGAR MJÓLKURVÖRUR

Enga mjólk, ost, jógúrt, ostahleypi, mysu, mysuduft né laktósa...

Engar dýraafurðir

Ekkert hunang, gelatín, kjöt/fiskiolíu, blóð, bein né dýrafitu...

[Icelandic]

I AM VEGAN

Plant foods only please!

NO MEAT

No meat, poultry, fish, shellfish, insect, sauce, broth...

NO EGG

No whites or yolk...

NO DAIRY

No milk, cheese, yogurt, rennet, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, meat/fish oil, blood, bone, fat...

[English]

Ég er vegan

Einungis grænmetisfæði, takk!

Ekkert kjöt

Ekkert rautt kjöt, fuglakjöt, fisk, skelfisk, skordýr, kjötsoð né kjötkraft...

Engin egg

Hvorki eggjahvítur né eggjarauður...

ENGAR MJÓLKURVÖRUR

Enga mjólk, ost, jógúrt, ostahleypi, mysu, mysuduft né laktósa...

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Ekkert hunang, gelatín, kjöt/fiskiolíu, blóð, bein né dýrafitu...

[Icelandic]

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NO MEAT

No meat, poultry, fish, shellfish, insect, sauce, broth...

NO EGG

No whites or yolk...

NO DAIRY

No milk, cheese, yogurt, rennet, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, meat/fish oil, blood, bone, fat...

[English]

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Ekkert rautt kjöt, fuglakjöt, fisk, skelfisk, skordýr, kjötsoð né kjötkraft...

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Ekkert hunang, gelatín, kjöt/fiskiolíu, blóð, bein né dýrafitu...

[Icelandic]

Igbo

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

M VEGAN

Osisi iri ihe oriri na-atọ!

ENWEGHI ANỤ

Mba anu na-anu ara, nnunu, iyak, nri osimiri, ahụhụ, ihendori, ofe ...

Ọ DIGHỊ AKWA

Ọ dighị ọcha, albumen, nkochi ime akwa ...

Ọ DIGHỊ DAYARI

Mba mmiri ara ehi, cheese, bred, whey, casein, lactose ...

Ọ DIGHỊ ANỤMANỤ NA NGWAAHỊA

Ọ dighị mmanụ aṅụ, gelatin, mmanu abuba, mmanụ, ọbara, eke ọkpọ, abụba ...

[Igbo]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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[English]

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Mba mmiri ara ehi, cheese, bred, whey, casein, lactose ...

Ọ DIGHỊ ANỤMANỤ NA NGWAAHỊA

Ọ dighị mmanụ aṅụ, gelatin, mmanu abuba, mmanụ, ọbara, eke ọkpọ, abụba ...

[Igbo]

Indonesian

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No shrimp paste, honey, gelatin, lard, oil, blood, bone, fat...

[English]

SAYA VEGAN

Makanan nabati only please!

TANPA DAGING

Tidak ada mamalia, burung, ikan, makanan laut, serangga, saus, kaldu

TELUR TIDAK ADA

Tidak ada putih, albumen, kuning telur ...

SUSU TIDAK ADA

Tidak ada susu, keju, yoghurt, whey, kasein, laktosa ...

TANPA PRODUK HEWANI

Tidak petis udang, ada madu, gelatin, lemak, minyak, darah, tulang, lemak ...

[Indonesian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No shrimp paste, honey, gelatin, lard, oil, blood, bone, fat...

[English]

SAYA VEGAN

Makanan nabati only please!

TANPA DAGING

Tidak ada mamalia, burung, ikan, makanan laut, serangga, saus, kaldu

TELUR TIDAK ADA

Tidak ada putih, albumen, kuning telur ...

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Tidak ada susu, keju, yoghurt, whey, kasein, laktosa ...

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Tidak petis udang, ada madu, gelatin, lemak, minyak, darah, tulang, lemak ...

[Indonesian]

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NO EGG

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NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No shrimp paste, honey, gelatin, lard, oil, blood, bone, fat...

[English]

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NO DAIRY

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No shrimp paste, honey, gelatin, lard, oil, blood, bone, fat...

[English]

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Makanan nabati only please!

TANPA DAGING

Tidak ada mamalia, burung, ikan, makanan laut, serangga, saus, kaldu

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Tidak ada putih, albumen, kuning telur ...

SUSU TIDAK ADA

Tidak ada susu, keju, yoghurt, whey, kasein, laktosa ...

TANPA PRODUK HEWANI

Tidak petis udang, ada madu, gelatin, lemak, minyak, darah, tulang, lemak ...

[Indonesian]

Irish

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

TÁ MÉ VEGAN

Bianna gléasra ach amháin le do thoil!

AON FHEOIL

Aon mamach, éan, iasc, bia mara, feithidí, anlann, brat ...

AON UBH

Aon whites, albumen, buíocán ...

AON DÉIRÍOCHTA

Aon bainne, cáis, iógart, meadhg, cáiséin, lachtós ...

THÁIRGÍ AINMHITHE NACH

Aon mil, geilitín, blonag, ola, fuil, cnámh, saill ...

[Irish]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

TÁ MÉ VEGAN

Bianna gléasra ach amháin le do thoil!

AON FHEOIL

Aon mamach, éan, iasc, bia mara, feithidí, anlann, brat ...

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Aon whites, albumen, buíocán ...

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Aon bainne, cáis, iógart, meadhg, cáiséin, lachtós ...

THÁIRGÍ AINMHITHE NACH

Aon mil, geilitín, blonag, ola, fuil, cnámh, saill ...

[Irish]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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[Irish]

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Plant foods only please!

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No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

TÁ MÉ VEGAN

Bianna gléasra ach amháin le do thoil!

AON FHEOIL

Aon mamach, éan, iasc, bia mara, feithidí, anlann, brat ...

AON UBH

Aon whites, albumen, buíocán ...

AON DÉIRÍOCHTA

Aon bainne, cáis, iógart, meadhg, cáiséin, lachtós ...

THÁIRGÍ AINMHITHE NACH

Aon mil, geilitín, blonag, ola, fuil, cnámh, saill ...

[Irish]

Italian~

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

IO SONO VEGANO / A

Solo alimenti vegetali per favore!

NIENTE CARNE

Niente mammiferi, uccelli, pesci, crostacei, insetti,
sughi di carne, brodi di carne...

NIENTE UOVA

Niente albume, tuorlo...

NIENTE LATTICINI

Niente latte, formaggio, yogurt, siero di latte, caseina, lattosio...

NIENTE PRODOTTI ANIMALI

Niente miele, gelatina, strutto, olio animale,
sangue, ossa, grasso...

[Italian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

IO SONO VEGANO / A

Solo alimenti vegetali per favore!

NIENTE CARNE

Niente mammiferi, uccelli, pesci, crostacei, insetti,
sughi di carne, brodi di carne...

NIENTE UOVA

Niente albume, tuorlo...

NIENTE LATTICINI

Niente latte, formaggio, yogurt, siero di latte, caseina, lattosio...

NIENTE PRODOTTI ANIMALI

Niente miele, gelatina, strutto, olio animale,
sangue, ossa, grasso...

[Italian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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Solo alimenti vegetali per favore!

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Niente mammiferi, uccelli, pesci, crostacei, insetti,
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Niente miele, gelatina, strutto, olio animale,
sangue, ossa, grasso...

[Italian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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NIENTE CARNE

Niente mammiferi, uccelli, pesci, crostacei, insetti,
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Niente albume, tuorlo...

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Niente latte, formaggio, yogurt, siero di latte, caseina, lattosio...

NIENTE PRODOTTI ANIMALI

Niente miele, gelatina, strutto, olio animale,
sangue, ossa, grasso...

[Italian]

Japanese~

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

私は完全菜食主義です。

植物性食品での提供をお願いします。

肉類を食べません。

例えば、哺乳類、鳥類、魚類、昆虫類、また、
これらを使用したソース、ブイヨン。

卵を食べません。

卵白、卵黄。

乳製品を食べません。

牛乳、チーズ、ヨーグルト、乳清、
カゼイン(チーズの主原料、たんぱく質の一種)、乳糖。

動物性製品を食べません。

ハチミツ、ゼラチン、ラード(豚油)、
油(牛脂、牡蠣油)、血液、骨、脂肪。

[Japanese]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

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[Japanese]

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油(牛脂、牡蠣油)、血液、骨、脂肪。

[Japanese]

Japanese

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NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

AKU VEGAN

Tetanduran panganan mung please!

ORA MEAT

Ora mammal, manuk, iwak, panganan laut,
serangga, sauce, duduh kaldu ...

ORA ENDHOG

Ora tiyang kuilt pethak, albumen, yolk ...

ORA BIASA

Ora susu, keju, yogurt, whey, casein, lactose ...

ORA PRODUK KEWAN

Ora madu, gelatin, lard, lenga, getih, balung, lemak ...

[Japanese]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

AKU VEGAN

Tetanduran panganan mung please!

ORA MEAT

Ora mammal, manuk, iwak, panganan laut,
serangga, sauce, duduh kaldu ...

ORA ENDHOG

Ora tiyang kuilt pethak, albumen, yolk ...

ORA BIASA

Ora susu, keju, yogurt, whey, casein, lactose ...

ORA PRODUK KEWAN

Ora madu, gelatin, lard, lenga, getih, balung, lemak ...

[Japanese]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

AKU VEGAN

Tetanduran panganan mung please!

ORA MEAT

Ora mammal, manuk, iwak, panganan laut,
serangga, sauce, duduh kaldu ...

ORA ENDHOG

Ora tiyang kuilt pethak, albumen, yolk ...

ORA BIASA

Ora susu, keju, yogurt, whey, casein, lactose ...

ORA PRODUK KEWAN

Ora madu, gelatin, lard, lenga, getih, balung, lemak ...

[Japanese]

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NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

AKU VEGAN

Tetanduran panganan mung please!

ORA MEAT

Ora mammal, manuk, iwak, panganan laut,
serangga, sauce, duduh kaldu ...

ORA ENDHOG

Ora tiyang kuilt pethak, albumen, yolk ...

ORA BIASA

Ora susu, keju, yogurt, whey, casein, lactose ...

ORA PRODUK KEWAN

Ora madu, gelatin, lard, lenga, getih, balung, lemak ...

[Japanese]

Kannada

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ನಾನು ಸಸ್ಯಾಹಾರಿ ನಾನು

ಸಸ್ಯಾಹಾರ ಮಾತ್ರ ದಯವಿಟ್ಟು!

ಯಾವುದೇ ಮಾಂಸ

ಯಾವುದೇ ಜಾತಿಯ ಸಸ್ತನಿಗಳು, ಹಕ್ಕಿ, ಮೀನು, ಸಮುದ್ರಾಹಾರ, ಕೀಟ,

ಸಾಸ್, ಸಾರು ...

ಯಾವುದೇ ಮೊಟ್ಟೆ

ಹಳದಿ ಲೋಳೆಯನ್ನು, ಆಲ್ಬುಮೆನ್, ಬಿಳಿಯರು ...

ಡೈರಿ

ಹಾಲಿನ ಕೆನೆ, ಚೀಸ್, ಮೊಸರು, ಹಾಲೊಡಕು, ಕ್ಯಾಸೀಯ್ಸ್ ಎಂಬುದು,

ಲ್ಯಾಕ್ಟೋಸ್ ...

ಯಾವುದೇ ಪ್ರಾಣಿ ಉತ್ಪನ್ನಗಳು

ಯಾವುದೇ ಜೀನುಹುಳದ, ಜಿಲ್ಲಾಟಿನ್, ತುಪ್ಪ, ಎಣ್ಣೆ, ರಕ್ತ, ಮೂಳೆ,

ಕೊಬ್ಬು ... [Kannada]

I AM VEGAN

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NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ನಾನು ಸಸ್ಯಾಹಾರಿ ನಾನು

ಸಸ್ಯಾಹಾರ ಮಾತ್ರ ದಯವಿಟ್ಟು!

ಯಾವುದೇ ಮಾಂಸ

ಯಾವುದೇ ಜಾತಿಯ ಸಸ್ತನಿಗಳು, ಹಕ್ಕಿ, ಮೀನು, ಸಮುದ್ರಾಹಾರ, ಕೀಟ,

ಸಾಸ್, ಸಾರು ...

ಯಾವುದೇ ಮೊಟ್ಟೆ

ಹಳದಿ ಲೋಳೆಯನ್ನು, ಆಲ್ಬುಮೆನ್, ಬಿಳಿಯರು ...

ಡೈರಿ

ಹಾಲಿನ ಕೆನೆ, ಚೀಸ್, ಮೊಸರು, ಹಾಲೊಡಕು, ಕ್ಯಾಸೀಯ್ಸ್ ಎಂಬುದು,

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ಯಾವುದೇ ಪ್ರಾಣಿ ಉತ್ಪನ್ನಗಳು

ಯಾವುದೇ ಜೀನುಹುಳದ, ಜಿಲ್ಲಾಟಿನ್, ತುಪ್ಪ, ಎಣ್ಣೆ, ರಕ್ತ, ಮೂಳೆ,

ಕೊಬ್ಬು ... [Kannada]

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ನಾನು ಸಸ್ಯಾಹಾರಿ ನಾನು

ಸಸ್ಯಾಹಾರ ಮಾತ್ರ ದಯವಿಟ್ಟು!

ಯಾವುದೇ ಮಾಂಸ

ಯಾವುದೇ ಜಾತಿಯ ಸಸ್ತನಿಗಳು, ಹಕ್ಕಿ, ಮೀನು, ಸಮುದ್ರಾಹಾರ, ಕೀಟ,

ಸಾಸ್, ಸಾರು ...

ಯಾವುದೇ ಮೊಟ್ಟೆ

ಹಳದಿ ಲೋಳೆಯನ್ನು, ಆಲ್ಬುಮೆನ್, ಬಿಳಿಯರು ...

ಡೈರಿ

ಹಾಲಿನ ಕೆನೆ, ಚೀಸ್, ಮೊಸರು, ಹಾಲೊಡಕು, ಕ್ಯಾಸೀಯ್ಸ್ ಎಂಬುದು,

ಲ್ಯಾಕ್ಟೋಸ್ ...

ಯಾವುದೇ ಪ್ರಾಣಿ ಉತ್ಪನ್ನಗಳು

ಯಾವುದೇ ಜೀನುಹುಳದ, ಜಿಲ್ಲಾಟಿನ್, ತುಪ್ಪ, ಎಣ್ಣೆ, ರಕ್ತ, ಮೂಳೆ,

ಕೊಬ್ಬು ... [Kannada]

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ಸಸ್ಯಾಹಾರ ಮಾತ್ರ ದಯವಿಟ್ಟು!

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ಯಾವುದೇ ಜಾತಿಯ ಸಸ್ತನಿಗಳು, ಹಕ್ಕಿ, ಮೀನು, ಸಮುದ್ರಾಹಾರ, ಕೀಟ,

ಸಾಸ್, ಸಾರು ...

ಯಾವುದೇ ಮೊಟ್ಟೆ

ಹಳದಿ ಲೋಳೆಯನ್ನು, ಆಲ್ಬುಮೆನ್, ಬಿಳಿಯರು ...

ಡೈರಿ

ಹಾಲಿನ ಕೆನೆ, ಚೀಸ್, ಮೊಸರು, ಹಾಲೊಡಕು, ಕ್ಯಾಸೀಯ್ಸ್ ಎಂಬುದು,

ಲ್ಯಾಕ್ಟೋಸ್ ...

ಯಾವುದೇ ಪ್ರಾಣಿ ಉತ್ಪನ್ನಗಳು

ಯಾವುದೇ ಜೀನುಹುಳದ, ಜಿಲ್ಲಾಟಿನ್, ತುಪ್ಪ, ಎಣ್ಣೆ, ರಕ್ತ, ಮೂಳೆ,

ಕೊಬ್ಬು ... [Kannada]

Kazakh

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

Мен Вегетариандық сенімдімін

тек зауыт азық-түлік өтінеміз!

жоқ ет

жоқ сүтқоректілер, құстар, балық, теңіз өнімдері, жәндіктер, тұздық, сорпа ...

жоқ жұмыртқа

жоқ саруызы, Альбумин, белоктардан ...

жоқ сүт

сүт, кілегей, ірімшік, йогурт, құрғақ сүт сарысуы, казеин, лактоза жоқ ...

жоқ жануарлардан алынатын өнімдер

бал, желатин, сало, мұнай, қан, сүйек, май жоқ ...

[Kazakh]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

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NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

Мен Вегетариандық сенімдімін

тек зауыт азық-түлік өтінеміз!

жоқ ет

жоқ сүтқоректілер, құстар, балық, теңіз өнімдері, жәндіктер, тұздық, сорпа ...

жоқ жұмыртқа

жоқ саруызы, Альбумин, белоктардан ...

жоқ сүт

сүт, кілегей, ірімшік, йогурт, құрғақ сүт сарысуы, казеин, лактоза жоқ ...

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[Kazakh]

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

Мен Вегетариандық сенімдімін

тек зауыт азық-түлік өтінеміз!

жоқ ет

жоқ сүтқоректілер, құстар, балық, теңіз өнімдері, жәндіктер, тұздық, сорпа ...

жоқ жұмыртқа

жоқ саруызы, Альбумин, белоктардан ...

жоқ сүт

сүт, кілегей, ірімшік, йогурт, құрғақ сүт сарысуы, казеин, лактоза жоқ ...

жоқ жануарлардан алынатын өнімдер

бал, желатин, сало, мұнай, қан, сүйек, май жоқ ...

[Kazakh]

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

Мен Вегетариандық сенімдімін

тек зауыт азық-түлік өтінеміз!

жоқ ет

жоқ сүтқоректілер, құстар, балық, теңіз өнімдері, жәндіктер, тұздық, сорпа ...

жоқ жұмыртқа

жоқ саруызы, Альбумин, белоктардан ...

жоқ сүт

сүт, кілегей, ірімшік, йогурт, құрғақ сүт сарысуы, казеин, лактоза жоқ ...

жоқ жануарлардан алынатын өнімдер

бал, желатин, сало, мұнай, қан, сүйек, май жоқ ...

[Kazakh]

Khmer

This is the Google Translate version. See "Cambodian" for a native speaker's translation.

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ខ្ញុំជាបន្លែសុទ្ធ

អាហាររុក្ខជាតិតែមួយគត់ដែលបានគាប់ចិត្ត!

គ្មានសាច់

គ្មាននឹកសត្វបក្សី, ត្រី, អាហារសមុទ្រ, សត្វល្អិត, ទឹកជ្រលក់, ទំពាំងបាយជូរ ...

ស៊ុតនោះទេ

គ្មានហ albumen ស ...

ទឹកដោះគោគ្មាន

មិនមានទឹកដោះគោ, cream, ឈើសទឹកដោះគោជូរ whey, casein, ជាតិ lactose ...

គ្មានផលិតផលសត្វ

គ្មានការទឹកយ៉ូ, gelatin, ខាញ់ប្រេងឈាម, ឆ្អឹងជាតិខ្លាញ់ ... ,

[Khmer]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ខ្ញុំជាបន្លែសុទ្ធ

អាហាររុក្ខជាតិតែមួយគត់ដែលបានគាប់ចិត្ត!

គ្មានសាច់

គ្មាននឹកសត្វបក្សី, ត្រី, អាហារសមុទ្រ, សត្វល្អិត, ទឹកជ្រលក់, ទំពាំងបាយជូរ ...

ស៊ុតនោះទេ

គ្មានហ albumen ស ...

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មិនមានទឹកដោះគោ, cream, ឈើសទឹកដោះគោជូរ whey, casein, ជាតិ lactose ...

គ្មានផលិតផលសត្វ

គ្មានការទឹកយ៉ូ, gelatin, ខាញ់ប្រេងឈាម, ឆ្អឹងជាតិខ្លាញ់ ... ,

[Khmer]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ខ្ញុំជាបន្លែសុទ្ធ

អាហាររុក្ខជាតិតែមួយគត់ដែលបានគាប់ចិត្ត!

គ្មានសាច់

គ្មាននឹកសត្វបក្សី, ត្រី, អាហារសមុទ្រ, សត្វល្អិត, ទឹកជ្រលក់, ទំពាំងបាយជូរ ...

ស៊ុតនោះទេ

គ្មានហ albumen ស ...

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មិនមានទឹកដោះគោ, cream, ឈើសទឹកដោះគោជូរ whey, casein, ជាតិ lactose ...

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គ្មានការទឹកយ៉ូ, gelatin, ខាញ់ប្រេងឈាម, ឆ្អឹងជាតិខ្លាញ់ ... ,

[Khmer]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ខ្ញុំជាបន្លែសុទ្ធ

អាហាររុក្ខជាតិតែមួយគត់ដែលបានគាប់ចិត្ត!

គ្មានសាច់

គ្មាននឹកសត្វបក្សី, ត្រី, អាហារសមុទ្រ, សត្វល្អិត, ទឹកជ្រលក់, ទំពាំងបាយជូរ ...

ស៊ុតនោះទេ

គ្មានហ albumen ស ...

ទឹកដោះគោគ្មាន

មិនមានទឹកដោះគោ, cream, ឈើសទឹកដោះគោជូរ whey, casein, ជាតិ lactose ...

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គ្មានការទឹកយ៉ូ, gelatin, ខាញ់ប្រេងឈាម, ឆ្អឹងជាតិខ្លាញ់ ... ,

[Khmer]

Korean

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

나는 채식주의의 오전

식물성 식품 만주세요!

어떤 고기가 없습니다

어떤 포유 동물, 조류, 생선, 해산물, 곤충, 소스, 국물없는 ...

더 계란 없습니다

더 노른자, 알부민, 백인 없습니다 ...

더 유제품 없습니다

아니 우유, 크림, 치즈, 요구르트, 유청, 카제인, 유당 ...

어떤 동물 제품 없음

더 꿀, 젤라틴, 돼지 기름, 기름, 혈액, 뼈, 지방 없습니다 ...

[Korean]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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더 꿀, 젤라틴, 돼지 기름, 기름, 혈액, 뼈, 지방 없습니다 ...

[Korean]

Kurdish (Kurmanji)

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NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

EZ VEGAN IM

Xwarinên plant tenê xweş!

TU GOŞT

No mammal, bird, masî, behrî, kêzikan, sauce, bila şorbekî ...

NO EGG

No yolk, albumen, spîyan ...

TU ŞÎR

Tu şîr, cream, penêr, mast, whey, casein, bê şekira ...

NO BERHEMÊN JI HEYWANAN

No hingiv, gelatin, dohn, rûn, xwîn, hestî, fat ...

[Kurdish (Kurmanji)]

I AM VEGAN

Plant foods only please!

NO MEAT

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NO ANIMAL PRODUCTS

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[English]

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[Kurdish (Kurmanji)]

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Kyrgyz

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[English]

Мен жатат"

өсүмдүк азык-түлүк гана жакканды!

жок эт

эч кандай сүт эмүүчү, канаттуу, балык, деңиз тамагы, курт-кумурска, соус, сорпосу менен ...

жок жумуртка

жок жумуртканын сарысы, күмүш, ак ...

эч кандай сүт

эч кандай сүт, каймак, быштак, айран, сару, казеиндин, лактоза ...

жок жаныбарлардан алынган азыктарды

жок бал, желатин май, май, кан, сөөк, май ...

[Kyrgyz]

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[English]

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[Kyrgyz]

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[English]

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[Kyrgyz]

Lao

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[English]

ຂ້າພະເຈົ້າຜັກ

ອາຫານທີ່ພືດເທົ່ານັ້ນກະລຸນາ!

ຊີ້ນທີ່ບໍ່ມີ

ບໍ່ມີ mammal, ນົກຊະນິດ, ປາ, ອາຫານທະເລ, ແມງໄມ້, ນ້ຳ
broth ...

ໄຂ່ທີ່ບໍ່ມີ

ບໍ່ມີ yolk, ໄຂ່ຂາວມືສີຂາວ ...

ນົມທີ່ບໍ່ມີ

ບໍ່ມີນົມ, ສີຄົມ, ຊີດ, ນົມສັ້ນ, ນົມ casein, lactose ...

ຜະລິດຕະພັນສັດທີ່ບໍ່ມີ

ບໍ່ມີເຜັງ, gelatin, ນ້ຳມັນ, ນ້ຳ, ເລືອດ, ກະດູກໄຂມັນ ...

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[Lao]

Latin

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NO DAIRY

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

EGO VEGAN

Donec venenatis pretium nisi!

CARNEM NON

Animal nulla, et volucrum, piscium seafood, insecto diam, jus ...

NON OVUM

Nulla whites, albumen, vitellus ...

NULLA DAIRY

Non lac, caseus, yogurt, sero, casein, lactose ...

NULLUM ANIMAL NISI

No mel, gelatina, lardum, oleum, sanguis, rhoncus, pingues ...

[Latin]

I AM VEGAN

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NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

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[Latin]

Latvian

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[English]

ES ESMU VEGĀNS

Augu pārtikas produkti, tikai, lūdzu!

BEZ GAĻAS

Nav zīdītāju, putnu, zivju, jūras veltes, kukainis, mērci, buljonu ...

NAV OLU

Nē baltumus, olbaltumvielas, olas dzeltenums ...

NE PIENA

Nav piens, siers, jogurts, sūkalas, kazeīns, laktozes ...

NAV DŽĪVNIEKU IZCELSMES PRODUKTI

Bez medus, želatīns, cūku tauki, eļļas, asins, kaulu, tauku ...

[Latvian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ES ESMU VEGĀNS

Augu pārtikas produkti, tikai, lūdzu!

BEZ GAĻAS

Nav zīdītāju, putnu, zivju, jūras veltes, kukainis, mērci, buljonu ...

NAV OLU

Nē baltumus, olbaltumvielas, olas dzeltenums ...

NE PIENA

Nav piens, siers, jogurts, sūkalas, kazeīns, laktozes ...

NAV DŽĪVNIEKU IZCELSMES PRODUKTI

Bez medus, želatīns, cūku tauki, eļļas, asins, kaulu, tauku ...

[Latvian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

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NO DAIRY

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[English]

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[Latvian]

Lithuanian~

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[English]

AŠ ESU VEGANAS(-Ė)

Valgau tik augalinės kilmės produktus

NEVALGAU MĖSOS

Jokios mėsos, paukštienos, žuvies, jūros gėrybių, vabzdžių, sultinių...

NEVALGAU KIAUŠINIŲ

Nei baltymų, nei trynių...

NEVALGAU PIENO PRODUKTŲ

Jokio pieno, sūrio, grietinės, jogurto, kazeino, laktozės...

NEVALGAU GYVULINĖS KILMĖS PRODUKTŲ

Jokio medaus, želatinos, kiaulės taukų, kraujo, kaulų, riebalų...

[Lithuanian]

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[English]

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[Lithuanian]

Luxembourgish~

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ECH SINN VEGAN

Nëmmen planzlech Liewensmëttel w.e.g.!

KEE FLEESCH

Keen/keng Mamendéier, Villchen, Fësch, Mieresfruucht, Insekt, Fleesch/Fëschzooss, Fësch/Hingerbritt...

KENG EEËR

Keen Eegiel, Eewäiss...

KENG MËLLECHPRODUITEN

Keng Mëllech, Ram, Kéis, Jughurt, Molke, Kasein, Laktos...

KENG DÉIEREPRODUITEN

Keen/keng Hunneg, Gelatine, Schmalz, Ueleg, Blut, Schanken, Fett

[Luxembourgish]

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[English]

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Keen/keng Hunneg, Gelatine, Schmalz, Ueleg, Blut, Schanken, Fett

[Luxembourgish]

Macedonian

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JAC СУМ ВЕГАН

Растителната храна само ве молам!

НЕ МЕСО

Не цицачи, птици, риба, морски плодови, инсекти, сос, супа

НЕ ЈАЈЦЕ

Не белците, albumen, жолчка ...

НЕ МЛЕЧНИ

Не млеко, сирење, јогурт, сурутка, казеин, лактоза ...

НЕ ПРОИЗВОДИ ОД ЖИВОТИНСКО ПОТЕКЛО

Не мед, желатин, маст, масло, крв, коски, масти ...

[Macedonian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

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[English]

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[Macedonian]

Malagasy

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

IZAHO NO VEGAN

Zavamaniry sakafo ihany no mampifaly!

TSY MISY HENA

Tsy misy biby mampinono, vorona, trondro, hazan-dranomasina, bibikely, saosy, ron-kena ...

TSY MISY ATODY

Tsy yolk, albumen, fotsy hoditra ...

TSY MISY RONONO

Tsy misy ronono, fanosotra, fromazy, yaorta, whey, casein, lactose ...

TSY MISY BIBY VOKATRA

Tsy misy tantely, gelatin, lard, menaka, ra, taolana, matavy...

[Malagasy]

I AM VEGAN

Plant foods only please!

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NO EGG

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NO DAIRY

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[English]

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[Malagasy]

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[Malagasy]

Malay

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

SAYA PM VEGAN

Makanan tumbuhan sahaja sila!

DAGING TIDAK

Tiada mamalia, burung, ikan, makanan laut, serangga, sos, sup

TELUR TIDAK

Tiada putih, albumen, kuning telur ...

TENUSU TIDAK

Tiada susu, keju, yogurt, whey, kasein, laktosa ...

TIADA HAIWAN PRODUK

Tiada madu, gelatin, lemak, minyak, darah, tulang, lemak ...

[Malay]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

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[English]

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[English]

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Tiada madu, gelatin, lemak, minyak, darah, tulang, lemak ...

[Malay]

Malayalam

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ഞാൻ പരിവമായി ആകുന്നു

മാത്രം പ്ലാന്റ് ഭക്ഷണങ്ങൾ ദയവായി!

മാംസം

യാതൊരു സസ്തനി, പക്ഷി, മത്സ്യം, സീഫുഡ്, പ്രാണികളുടെ, സോസ്, ചാറു ...

യാതൊരു മുട്ട

യാതൊരു മഞ്ഞക്കരു, ആൽബുമിൻ, വെള്ള ...

യാതൊരു ക്ഷീര

പാൽ, ക്രീം, ചീസ്, തൈര്, whey, casein, ലാക്ടോസ് ഇല്ല

മുഗ ഉൽപ്പന്നങ്ങൾ

തേൻ, ജെലാറ്റിൻ, പന്നിക്കൊഴുപ്പ്, എണ്ണ, രക്തം, അസ്ഥി, കൊഴുപ്പ് ഇല്ല ...

[Malayalam]

I AM VEGAN

Plant foods only please!

NO MEAT

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[English]

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യാതൊരു സസ്തനി, പക്ഷി, മത്സ്യം, സീഫുഡ്, പ്രാണികളുടെ, സോസ്, ചാറു ...

യാതൊരു മുട്ട

യാതൊരു മഞ്ഞക്കരു, ആൽബുമിൻ, വെള്ള ...

യാതൊരു ക്ഷീര

പാൽ, ക്രീം, ചീസ്, തൈര്, whey, casein, ലാക്ടോസ് ഇല്ല

മുഗ ഉൽപ്പന്നങ്ങൾ

തേൻ, ജെലാറ്റിൻ, പന്നിക്കൊഴുപ്പ്, എണ്ണ, രക്തം, അസ്ഥി, കൊഴുപ്പ് ഇല്ല ...

[Malayalam]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ഞാൻ പരിവമായി ആകുന്നു

മാത്രം പ്ലാന്റ് ഭക്ഷണങ്ങൾ ദയവായി!

മാംസം

യാതൊരു സസ്തനി, പക്ഷി, മത്സ്യം, സീഫുഡ്, പ്രാണികളുടെ, സോസ്, ചാറു ...

യാതൊരു മുട്ട

യാതൊരു മഞ്ഞക്കരു, ആൽബുമിൻ, വെള്ള ...

യാതൊരു ക്ഷീര

പാൽ, ക്രീം, ചീസ്, തൈര്, whey, casein, ലാക്ടോസ് ഇല്ല

മുഗ ഉൽപ്പന്നങ്ങൾ

തേൻ, ജെലാറ്റിൻ, പന്നിക്കൊഴുപ്പ്, എണ്ണ, രക്തം, അസ്ഥി, കൊഴുപ്പ് ഇല്ല ...

[Malayalam]

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ഞാൻ പരിവമായി ആകുന്നു

മാത്രം പ്ലാന്റ് ഭക്ഷണങ്ങൾ ദയവായി!

മാംസം

യാതൊരു സസ്തനി, പക്ഷി, മത്സ്യം, സീഫുഡ്, പ്രാണികളുടെ, സോസ്, ചാറു ...

യാതൊരു മുട്ട

യാതൊരു മഞ്ഞക്കരു, ആൽബുമിൻ, വെള്ള ...

യാതൊരു ക്ഷീര

പാൽ, ക്രീം, ചീസ്, തൈര്, whey, casein, ലാക്ടോസ് ഇല്ല

മുഗ ഉൽപ്പന്നങ്ങൾ

തേൻ, ജെലാറ്റിൻ, പന്നിക്കൊഴുപ്പ്, എണ്ണ, രക്തം, അസ്ഥി, കൊഴുപ്പ് ഇല്ല ...

[Malayalam]

Maltese

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JIENA VEGAN

Ikel tal-pjanti biss jekk jogħġbok!

EBDA LAĦAM

Ebda mammiferi, għasafar, ħut, frott tal-baħar,
insetti zalza, brodu ...

EBDA BAJD

Ebda abjad, albumina, isfar ...

EBDA TAL-ĦALIB

Ebda ħalib, ġobon, jogurt, xorrox, kaseina, lattosju ...

EBDA PRODOTTI TAL-ANNIMALI

Ebda għasel, ġelatina, xaħam, żejt, demm, għadam, xaħam ...

[Maltese]

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NO EGG

No whites, albumen, yolk...

NO DAIRY

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JIENA VEGAN

Ikel tal-pjanti biss jekk jogħġbok!

EBDA LAĦAM

Ebda mammiferi, għasafar, ħut, frott tal-baħar,
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[Maltese]

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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[Maltese]

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[English]

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[Maltese]

Maori~

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NO EGG / DAIRY

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

KO AHAU VEGAN

Kai whakato anake pai!

KAHORE KAI

Kahore kararehe, manu, ika, kaimoana,
ngārara, te ranu, hupa ...

KAHORE HUA MANU / MIRAKA

Kahore waiu, kirīmi, te tīhi, miraka pē,
waikuruwhatu, casein, reihuka ...

KAHORE HUA KARAREHE

Kahore honi, gelatin, hinu poaka, te hinu, toto, wheua, ngako ...

[Maori]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG / DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

KO AHAU VEGAN

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ngārara, te ranu, hupa ...

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waikuruwhatu, casein, reihuka ...

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[Maori]

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[English]

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[Maori]

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[English]

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waikuruwhatu, casein, reihuka ...

KAHORE HUA KARAREHE

Kahore honi, gelatin, hinu poaka, te hinu, toto, wheua, ngako ...

[Maori]

Marathi

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

मी प्राण्यापासून तयार झालेले काहीही **am**
वनस्पती अन्न केवळ करा!

नाही मांस

नाही सस्तन प्राणी, पक्षी, मासे, सीफुड,
किटक, साँस, मटनाचा रस्सा ...

नाही अंडे

नाही पंचा, अंड्यातील पांढरा बलक, अंड्यातील पिवळ बलक ...

नाही दुग्धशाळा

नाही दूध, चीज, दही, दह्यातील पाणी (विरजणातील दह्याची
निवळी), दुधातील सत्त्वमय, दुग्धशर्करा ...

नाही पशु उत्पादन

मध नाही, सरस, स्वयंपाकात वापरण्याची डुकराची चरबी,
तेल, रक्त, अस्थी, चरबी ...

[मराठी]

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[English]

मी प्राण्यापासून तयार झालेले काहीही **am**
वनस्पती अन्न केवळ करा!

नाही मांस

नाही सस्तन प्राणी, पक्षी, मासे, सीफुड,
किटक, साँस, मटनाचा रस्सा ...

नाही अंडे

नाही पंचा, अंड्यातील पांढरा बलक, अंड्यातील पिवळ बलक ...

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[English]

मी प्राण्यापासून तयार झालेले काहीही **am**
वनस्पती अन्न केवळ करा!

नाही मांस

नाही सस्तन प्राणी, पक्षी, मासे, सीफुड,
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नाही अंडे

नाही पंचा, अंड्यातील पांढरा बलक, अंड्यातील पिवळ बलक ...

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नाही पशु उत्पादन

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तेल, रक्त, अस्थी, चरबी ...

[मराठी]

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[English]

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वनस्पती अन्न केवळ करा!

नाही मांस

नाही सस्तन प्राणी, पक्षी, मासे, सीफुड,
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नाही अंडे

नाही पंचा, अंड्यातील पांढरा बलक, अंड्यातील पिवळ बलक ...

नाही दुग्धशाळा

नाही दूध, चीज, दही, दह्यातील पाणी (विरजणातील दह्याची
निवळी), दुधातील सत्त्वमय, दुग्धशर्करा ...

नाही पशु उत्पादन

मध नाही, सरस, स्वयंपाकात वापरण्याची डुकराची चरबी,
तेल, रक्त, अस्थी, चरबी ...

[मराठी]

Mongolian*

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NO EGG

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NO DAIRY

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

БИ ВЕГАН ХООЛТОН

Зөвхөн ургамлан хоол хүсье!

МАХ ОРОХГҮЙ

Сүүн тэжээлт амьтад, шувуу, загас, далайн амьтад, шавьж, аливаа амьтны гаралтай соус, шөл... орохгүй

ӨНДӨГ ОРОХГҮЙ

Өндөгний цагаан, уураг, шар... орохгүй

ЦАГААН ИДЭЭ ОРОХГҮЙ

Сүү, тараг, шар ус, сүүний сахар, казеин... орохгүй

АМЬТНЫ ГАРАЛТАЙ БҮТЭЭГДЭХҮҮНҮҮД ОРОХГҮЙ

Зөгийн бал, амьтны цэлцгий, тос, цус, яс, өөх тос зэрэг орохгүй

[Mongolian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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Зөвхөн ургамлан хоол хүсье!

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Сүүн тэжээлт амьтад, шувуу, загас, далайн амьтад, шавьж, аливаа амьтны гаралтай соус, шөл... орохгүй

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Зөгийн бал, амьтны цэлцгий, тос, цус, яс, өөх тос зэрэг орохгүй

[Mongolian]

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

БИ ВЕГАН ХООЛТОН

Зөвхөн ургамлан хоол хүсье!

МАХ ОРОХГҮЙ

Сүүн тэжээлт амьтад, шувуу, загас, далайн амьтад, шавьж, аливаа амьтны гаралтай соус, шөл... орохгүй

ӨНДӨГ ОРОХГҮЙ

Өндөгний цагаан, уураг, шар... орохгүй

ЦАГААН ИДЭЭ ОРОХГҮЙ

Сүү, тараг, шар ус, сүүний сахар, казеин... орохгүй

АМЬТНЫ ГАРАЛТАЙ БҮТЭЭГДЭХҮҮНҮҮД ОРОХГҮЙ

Зөгийн бал, амьтны цэлцгий, тос, цус, яс, өөх тос зэрэг орохгүй

[Mongolian]

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

БИ ВЕГАН ХООЛТОН

Зөвхөн ургамлан хоол хүсье!

МАХ ОРОХГҮЙ

Сүүн тэжээлт амьтад, шувуу, загас, далайн амьтад, шавьж, аливаа амьтны гаралтай соус, шөл... орохгүй

ӨНДӨГ ОРОХГҮЙ

Өндөгний цагаан, уураг, шар... орохгүй

ЦАГААН ИДЭЭ ОРОХГҮЙ

Сүү, тараг, шар ус, сүүний сахар, казеин... орохгүй

АМЬТНЫ ГАРАЛТАЙ БҮТЭЭГДЭХҮҮНҮҮД ОРОХГҮЙ

Зөгийн бал, амьтны цэлцгий, тос, цус, яс, өөх тос зэрэг орохгүй

[Mongolian]

Myanmar (Burmese)

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ငါ vegan ဖြစ်ကြောင်းကို

သာစက်ရုံအစားအစာများကိုကျေးဇူးတင်ပါ!

အဘယ်သူမျှမစားသောအစာ

အဘယ်သူမျှမနို့တိုက်သတ္တဝါ, ငှက်, ငါး, ပင်လယ်စာ, အင်းဆက်ပိုးမွှား, င်ပြာရည်, ဟင်းရည်ကို ...

အဘယ်သူမျှမကြက်ဥ

အဘယ်သူမျှမနှုတ်, albumen, လူဖြူ ...

အဘယ်သူမျှမနို့ထွက်ပစ္စည်း

နို့, မုန့်, ဒိန်ခဲ, ဒိန်ချဉ်, whey, casein, lactose မျှမ ...

အဘယ်သူမျှမတိရစ္ဆာန်အထွတ်ကုန်များ

ပျားရည်, gelatin, ဝက်ဆီ, ရေနံ, သွေး, အရိုး, အဆီအဘယ်သူမျှမ ...

[Myanmar-Burmese]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ငါ vegan ဖြစ်ကြောင်းကို

သာစက်ရုံအစားအစာများကိုကျေးဇူးတင်ပါ!

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[Myanmar-Burmese]

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[English]

ငါ vegan ဖြစ်ကြောင်းကို

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[Myanmar-Burmese]

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[English]

ငါ vegan ဖြစ်ကြောင်းကို

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ပျားရည်, gelatin, ဝက်ဆီ, ရေနံ, သွေး, အရိုး, အဆီအဘယ်သူမျှမ ...

[Myanmar-Burmese]

Nepali

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NO MEAT

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NO EGG

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NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

म शाकाहारी हुँ

कारखाना खाद्य पदार्थ मात्र खुसी!

कुनै मासु

कुनै स्तनपायीले, बर्ड, माछा, समुद्री भोजन, कीरा, सस, शोरबा

कुनै अन्डा

कुनै yolk, श्वेतक, सफेद ...

कुनै डेयरी

कुनै दूध, क्रीम, पनीर, दही, छाँछ, छेना, lactose ...

कुनै जनावर उत्पादनहरू

कुनै मह, gelatin, सुँगुरको बोसो, तेल, रगत, हड्डी, बोसो ...

[Nepali]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

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NO DAIRY

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[English]

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कुनै मह, gelatin, सुँगुरको बोसो, तेल, रगत, हड्डी, बोसो ...

[Nepali]

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[English]

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[Nepali]

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

म शाकाहारी हुँ

कारखाना खाद्य पदार्थ मात्र खुसी!

कुनै मासु

कुनै स्तनपायीले, बर्ड, माछा, समुद्री भोजन, कीरा, सस, शोरबा

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कुनै दूध, क्रीम, पनीर, दही, छाँछ, छेना, lactose ...

कुनै जनावर उत्पादनहरू

कुनै मह, gelatin, सुँगुरको बोसो, तेल, रगत, हड्डी, बोसो ...

[Nepali]

Norwegian~

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JEG ER VEGANER

Vær så snill, bare plantebasert mat.

IKKE KJØTT

Ikke pattedyr, fugl, fisk, sjømat, insekter, saus, kjøttbuljong...

IKKE EGG

Ikke eggehvite, albumin, eggeplomme...

INGEN MEIERIPRODUKTER

Ikke melk, ost, yoghurt, myse, kasein, laktose, rømme, skyr, kesam, majones...

INGEN ANIMALSKE PRODUKTER

Ikke honning, gelatin, smult, blod, bein, animalsk fett...

[Norwegian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JEG ER VEGANER

Vær så snill, bare plantebasert mat.

IKKE KJØTT

Ikke pattedyr, fugl, fisk, sjømat, insekter, saus, kjøttbuljong...

IKKE EGG

Ikke eggehvite, albumin, eggeplomme...

INGEN MEIERIPRODUKTER

Ikke melk, ost, yoghurt, myse, kasein, laktose, rømme, skyr, kesam, majones...

INGEN ANIMALSKE PRODUKTER

Ikke honning, gelatin, smult, blod, bein, animalsk fett...

[Norwegian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JEG ER VEGANER

Vær så snill, bare plantebasert mat.

IKKE KJØTT

Ikke pattedyr, fugl, fisk, sjømat, insekter, saus, kjøttbuljong...

IKKE EGG

Ikke eggehvite, albumin, eggeplomme...

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[Norwegian]

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No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JEG ER VEGANER

Vær så snill, bare plantebasert mat.

IKKE KJØTT

Ikke pattedyr, fugl, fisk, sjømat, insekter, saus, kjøttbuljong...

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INGEN ANIMALSKE PRODUKTER

Ikke honning, gelatin, smult, blod, bein, animalsk fett...

[Norwegian]

Pashto

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

زه خوړني يم

د نبات د غذايي توکو يوازې د خوشحالولو لپاره

نه غوښه

broth، نه تی، مرغی، کبان، خواړه، د حشراتو، ترکیبی

نه هګی

نه د هګی زیر، البومین، پوټکو

د لبنیاتو د نه

لکتي whey، casein، نه د شیدو، آیسکریم، پنیر، مستی

نه د څارویو محصولات

غوري، د وینې، د هډوکو، وازګه، gelatin، نه د شاتو

[Pashto]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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نه غوښه

broth، نه تی، مرغی، کبان، خواړه، د حشراتو، ترکیبی

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لکتي whey، casein، نه د شیدو، آیسکریم، پنیر، مستی

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غوري، د وینې، د هډوکو، وازګه، gelatin، نه د شاتو

[Pashto]

I AM VEGAN

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[English]

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broth، نه تی، مرغی، کبان، خواړه، د حشراتو، ترکیبی

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غوري، د وینې، د هډوکو، وازګه، gelatin، نه د شاتو

[Pashto]

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

زه خوړني يم

د نبات د غذايي توکو يوازې د خوشحالولو لپاره

نه غوښه

broth، نه تی، مرغی، کبان، خواړه، د حشراتو، ترکیبی

نه هګی

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د لبنیاتو د نه

لکتي whey، casein، نه د شیدو، آیسکریم، پنیر، مستی

نه د څارویو محصولات

غوري، د وینې، د هډوکو، وازګه، gelatin، نه د شاتو

[Pashto]

Persian

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

من وگان هستم

!غذاهای گیاهی تنها لطفا

بدون گوشت

... هیچ پستاندار، پرنده، ماهی، غذاهای دریایی، حشرات، سس، سوپ

بدون تخم مرغ

... هیچ سفید پوستان، آلبومین، زرده

هیچ لبنی

... بدون شیر، پنیر، ماست، کشک، کازنین، لاکتوز

محصولات حیوانی

... هیچ عسل، ژلاتین، گوشت خوک، روغن، خون، استخوان، چربی

[Persian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

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[English]

من وگان هستم

!غذاهای گیاهی تنها لطفا

بدون گوشت

... هیچ پستاندار، پرنده، ماهی، غذاهای دریایی، حشرات، سس، سوپ

بدون تخم مرغ

... هیچ سفید پوستان، آلبومین، زرده

هیچ لبنی

... بدون شیر، پنیر، ماست، کشک، کازنین، لاکتوز

محصولات حیوانی

... هیچ عسل، ژلاتین، گوشت خوک، روغن، خون، استخوان، چربی

[Persian]

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[English]

من وگان هستم

!غذاهای گیاهی تنها لطفا

بدون گوشت

... هیچ پستاندار، پرنده، ماهی، غذاهای دریایی، حشرات، سس، سوپ

بدون تخم مرغ

... هیچ سفید پوستان، آلبومین، زرده

هیچ لبنی

... بدون شیر، پنیر، ماست، کشک، کازنین، لاکتوز

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[English]

من وگان هستم

!غذاهای گیاهی تنها لطفا

بدون گوشت

... هیچ پستاندار، پرنده، ماهی، غذاهای دریایی، حشرات، سس، سوپ

بدون تخم مرغ

... هیچ سفید پوستان، آلبومین، زرده

هیچ لبنی

... بدون شیر، پنیر، ماست، کشک، کازنین، لاکتوز

محصولات حیوانی

... هیچ عسل، ژلاتین، گوشت خوک، روغن، خون، استخوان، چربی

[Persian]

Polish~

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JESTEM WEGANINEM

Tylko produkty roślinne proszę!

BEZ MIĘSA

Żadnych ssaków, ptaków, ryb, owoców morza, owadów,
w sosach i bulionach ...

BEZ JAJ

Bez białka, żółtek, albuminy ...

BEZ NABIAŁU

Bez mleka, sera, jogurtu, kazeiny, laktozy ...

BEZ PRODUKTÓW ZWIERZĘCYCH

Bez miodu, żelatyny, smalcu, oleju, krwi, kości, tłuszczu ...

[Polish]

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[English]

EU SOU VEGANO / A

Alimentos de plantas somente, por favor!

SEM CARNE

Sem mamíferos, aves, peixes, frutos do mar,
insetos, molho ou caldo deles...

SEM OVO

Sem clara, albumina, gema...

SEM LACTICÍNIOS

Sem leite, queijo, iogurte, soro do leite, caseína, lactose...

SEM PRODUTOS ANIMAIS

Sem mel, gelatina, banha, óleo, sangue, osso, gordura...

[Portuguese]

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[English]

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[Portuguese]

Punjabi

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ਮੈਨੂੰ vegan am

ਪੌਦਾ ਭੋਜਨ ਸਿਰਫ ਕਰੋ ਜੀ!

ਕੋਈ ਵੀ ਮੀਟ

ਕੋਈ ਵੀ ਥਣਧਾਰੀ, ਪੰਛੀ, ਮੱਛੀ, ਸਮੁੰਦਰੀ, ਕੀੜੇ, ਸਾਸ, ਬਰੇਥ ...

ਕੋਈ ਵੀ ਅੰਡੇ

ਕੋਈ ਵੀ ਯੋਕ, albumen, ਗੋਰਿਆ ...

ਕੋਈ ਵੀ ਡੇਅਰੀ

ਕੋਈ ਵੀ ਦੁੱਧ, ਕਰੀਮ, ਪਨੀਰ, ਦਹ, ਵੇ, ਕੈਸੀਨ, ਲੈਕਟੋਜ਼ ...

ਕੋਈ ਵੀ ਜਾਨਵਰ ਉਤਪਾਦ

ਕੋਈ ਵੀ ਸ਼ਹਿਦ, ਜੈਲੇਟਿਨ, ਸੂਰ, ਤੇਲ, ਖੂਨ, ਹੱਡੀ, ਚਰਬੀ ...

[Punjabi]

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[Punjabi]

Romanian~

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[English]

SUNT VEGAN

Doar mancare de post va rog!

FARA CARNE

Nici un mamifer, pasare, peste, fructe de mare, insecte, sosuri, supa pe carne...

FARA OUA

Fara albus sau galbenus de ou, albumina...

FARA LACTATE

Fara lapte, branza, cascaval, iaurt, zer, cazeina, lactoza...

FARA PRODUSE DE ORIGINE ANIMALA

Fara miere, gelatina, untura, ulei, sange, oase, grasime...

[Romanian]

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Russian~

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[English]

Я СТРОГИЙ ВЕГЕТАРИАНЕЦ

Пожалуйста, только пищу растительного происхождения! То есть:

БЕЗ МЯСА

млекопитающих, птиц, рыбы, морепродуктов, насекомых, соуса и бульона из них...

БЕЗ ЯИЦ

желтка, белка...

БЕЗ МОЛОЧНЫХ ПРОДУКТОВ

молока, сыра, йогурта, творога, кефира, сыворотки, казеина, лактозы...

БЕЗ ПРОДУКТОВ ЖИВОТНОГО ПРОИСХОЖДЕНИЯ

меда, желатина, сала, масла, крови, костей, жира...

[Russian]

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[Russian]

Samoan

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NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

OU TE VEGAN

Meaai laau na faafiafia!

LEAI SE MEA E '

Leai se mamele, manu, i'a, figota, iniseti, sosi, broth ...

LEAI SE FUAMOA

Leai se lega, albumen, whites ...

LEAI SE SUSU

Leai se susu, kulimi, sisi, iokutu, whey, casein, lactose ...

LEAI SE OLOA MANU

Leai se meli, gelatin, ga'o, suauu, o le toto, o le ivi, ga'o ...

[Samoan]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

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Leai se susu, kulimi, sisi, iokutu, whey, casein, lactose ...

LEAI SE OLOA MANU

Leai se meli, gelatin, ga'o, suauu, o le toto, o le ivi, ga'o ...

[Samoan]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

OU TE VEGAN

Meaai laau na faafiafia!

LEAI SE MEA E '

Leai se mamele, manu, i'a, figota, iniseti, sosi, broth ...

LEAI SE FUAMOA

Leai se lega, albumen, whites ...

LEAI SE SUSU

Leai se susu, kulimi, sisi, iokutu, whey, casein, lactose ...

LEAI SE OLOA MANU

Leai se meli, gelatin, ga'o, suauu, o le toto, o le ivi, ga'o ...

[Samoan]

Scots Gaelic

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

THA MI VEGAN

Lus biadh ach ann am Beurla!

CHAN EIL FEÒIL

Chan eil mamal, eun, iasg, biadh-mara, insect, sabhs, brot ...

CHAN EIL UGH

Chan eil yolk, albumen, daoine geala ...

CHAN EIL BAINNE

Chan eil bainne, uachdar, càise, Yogurt, meug airson a bhìdh, casein, lactose ...

CHAN EIL BEATHACH BATHAR

Chan eil mil, gelatin, lard, ola, fuil, cnàimh, reamhar ...

[Scots Gaelic]

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[English]

THA MI VEGAN

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[Scots Gaelic]

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[English]

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[Scots Gaelic]

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[English]

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Chan eil mil, gelatin, lard, ola, fuil, cnàimh, reamhar ...

[Scots Gaelic]

Serbian

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NO EGG

No whites, albumen, yolk...

NO DAIRY

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JA SAM BEGAN

Билна храна само молим те!

БЕЗ МЕСА

Нема сисара, птица, риба, плодови мора, инсеката, сос, супа

БЕЗ ЈАЈА

Нема белаца, беланчевине, жуманце ...

НЕМА МЛЕЧНИХ ПРОИЗВОДА

Без млека, сир, јогурт, сурутка, казеин, лактоза ...

БЕЗ ПРОИЗВОДА ЖИВОТИЊСКОГ ПОРЕКЛА

Нема меда, желатин, маст, уље, крв, кости, маст ...

[Serbian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

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NO DAIRY

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JA SAM BEGAN

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[Serbian]

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[English]

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[English]

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[Serbian]

Sesotho

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NO DAIRY

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

KE 'NA VEGAN

Semela lijo tse feela khahlisa!

HA HO NAMA

Ha ho phoofolo e anyesang, nonyana, tlhapi, lijo tse tsoang
leatleng, likokoanyana, spaghetti, moro ...

HA HO LEHE

Ha ho yolk, albumen, makhooa ...

HA HO LEBESE

Ha ho lebese, tranelate, chisi, ka yogurt, whey, casein, lactose ...

LIPHOOFOLO TSONA LI SA DIHLAHISWA TSA

Ha ho mahe a linotši, gelatin lard, oli, mali, lesapo, mafura a ...

[Sesotho]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

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[English]

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[Sesotho]

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[English]

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[Sesotho]

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[English]

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[Sesotho]

Shona

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

NDINI KUECHE

Chirimwa zvokudya chete kufadza!

HAKUNA NYAMA

Kwete mhuka, shiri, hove, hove, kambuyu, mumuto, muto ...

HAPANA ZAI

Hapana mondo, albumen, nevachena ...

HAPANA DHERI

Hapana mukaka, ruomba, chizi, yogati, whey, casein, lactose ...

HAPANA MHUKA ZVINOGADZIRWA

Hapana uchi, gelatin, mafuta, mafuta, ropa, mapfupa, mafuta ...

[Shona]

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[English]

NDINI KUECHE

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HAKUNA NYAMA

Kwete mhuka, shiri, hove, hove, kambuyu, mumuto, muto ...

HAPANA ZAI

Hapana mondo, albumen, nevachena ...

HAPANA DHERI

Hapana mukaka, ruomba, chizi, yogati, whey, casein, lactose ...

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[Shona]

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[English]

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[English]

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[Shona]

Sindhi

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[English]

مون کي ويگن آهيان.

صرف ٻوٽي هيون مهرباني ڪري

ڪو گوشت

broth، في پستانيه، پکي، مچي، سامونڊي، مقطع، چٽي
في آنا

albumen، whites، في زردِي

ڪو کير

whey، casein، lactose، کير ڪو، ڪريم، پنير، ٽونري
ڪو به جانور مصنوعات

تيل، رت، هڏن، وسا، gelatin، lard، ماکي ڪو

[Sindhi]

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[English]

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[Sindhi]

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[English]

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تيل، رت، هڏن، وسا، gelatin، lard، ماکي ڪو

[Sindhi]

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[English]

مون کي ويگن آهيان.

صرف ٻوٽي هيون مهرباني ڪري

ڪو گوشت

broth، في پستانيه، پکي، مچي، سامونڊي، مقطع، چٽي
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تيل، رت، هڏن، وسا، gelatin، lard، ماکي ڪو

[Sindhi]

Sinhala

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

මම වෙමි සත්ත්ව ද්රව්ය වලින් ඉවත
එකම බලාගාරය ආහාර කරුණාකරලා!

කිසිදු මස්

කිසිදු ක්ෂීරපායී, කුරුළු, මාළු, මුහුදු ආහාර, කෘමි, සෝස්,

හෙණදි...

කිසිදු බිත්තර

කිසිදු යොද, ඇල්බියුමන්, සුදු ජාතිකයින් ...

කිසිදු කිරි

කිරි, කිරිමි, චීස්, යෝගට්, ටේල්, casein, ලැක්ටෝස් කිසිදු ...

කිසිදු සත්ත්ව නිෂ්පාදන

මි පැණි, ජෙලටින්, රෝගීන් නොසිතූ, තෙල්, ලේ, ඇට,

මේදය නැති ...

[Sinhala]

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

මම වෙමි සත්ත්ව ද්රව්ය වලින් ඉවත
එකම බලාගාරය ආහාර කරුණාකරලා!

කිසිදු මස්

කිසිදු ක්ෂීරපායී, කුරුළු, මාළු, මුහුදු ආහාර, කෘමි, සෝස්,

හෙණදි...

කිසිදු බිත්තර

කිසිදු යොද, ඇල්බියුමන්, සුදු ජාතිකයින් ...

කිසිදු කිරි

කිරි, කිරිමි, චීස්, යෝගට්, ටේල්, casein, ලැක්ටෝස් කිසිදු ...

කිසිදු සත්ත්ව නිෂ්පාදන

මි පැණි, ජෙලටින්, රෝගීන් නොසිතූ, තෙල්, ලේ, ඇට,

මේදය නැති ...

[Sinhala]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

මම වෙමි සත්ත්ව ද්රව්ය වලින් ඉවත
එකම බලාගාරය ආහාර කරුණාකරලා!

කිසිදු මස්

කිසිදු ක්ෂීරපායී, කුරුළු, මාළු, මුහුදු ආහාර, කෘමි, සෝස්,

හෙණදි...

කිසිදු බිත්තර

කිසිදු යොද, ඇල්බියුමන්, සුදු ජාතිකයින් ...

කිසිදු කිරි

කිරි, කිරිමි, චීස්, යෝගට්, ටේල්, casein, ලැක්ටෝස් කිසිදු ...

කිසිදු සත්ත්ව නිෂ්පාදන

මි පැණි, ජෙලටින්, රෝගීන් නොසිතූ, තෙල්, ලේ, ඇට,

මේදය නැති ...

[Sinhala]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

මම වෙමි සත්ත්ව ද්රව්ය වලින් ඉවත
එකම බලාගාරය ආහාර කරුණාකරලා!

කිසිදු මස්

කිසිදු ක්ෂීරපායී, කුරුළු, මාළු, මුහුදු ආහාර, කෘමි, සෝස්,

හෙණදි...

කිසිදු බිත්තර

කිසිදු යොද, ඇල්බියුමන්, සුදු ජාතිකයින් ...

කිසිදු කිරි

කිරි, කිරිමි, චීස්, යෝගට්, ටේල්, casein, ලැක්ටෝස් කිසිදු ...

කිසිදු සත්ත්ව නිෂ්පාදන

මි පැණි, ජෙලටින්, රෝගීන් නොසිතූ, තෙල්, ලේ, ඇට,

මේදය නැති ...

[Sinhala]

Slovak~

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

SOM VEGÁN

Iba rastlinné potraviny, prosím!

ŽIADNE MÄSO

Žiadne cicavce, vtáky, ryby, morské plody, hmyz, omáčky, vývar

ŽIADNE VAJCIA

Žiadny bielok ani žltok...

ŽIADNE MLIEKO A MLIEČNE VÝROBKY

Žiadne mlieko, syr, jogurt, srvátka, kaseín, laktóza...

ŽIADNE ŽIVOČÍŠNE PRODUKTY

Žiadny med, želatína, masť, olej, krv, kosti, tuk...

[Slovak]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

SOM VEGÁN

Iba rastlinné potraviny, prosím!

ŽIADNE MÄSO

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[Slovak]

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[English]

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[English]

SOM VEGÁN

Iba rastlinné potraviny, prosím!

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Žiadne cicavce, vtáky, ryby, morské plody, hmyz, omáčky, vývar

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[Slovak]

Slovenian~

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JAZ SEM VEGAN

Samo hrano rastlinskega izvora, prosim!

BREZ MESA

Brez sesalcev, ptic, rib, morskih sadežev, žuželk, omake, juhe ...

BREZ JAJC

Brez jajčnega beljaka, rumenjaka ...

BREZ MLEKA IN MLEČNIH IZDELKOV

Brez mleka, sira, jogurta, sirotke, kazeina, laktoze ...

BREZ ŽIVALSKIH PROIZVODOV

Brez medu, želatine, svinjske masti, olja, krvi, kosti, maščobe ...

[Slovenian]

I AM VEGAN

Plant foods only please!

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[English]

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Brez sesalcev, ptic, rib, morskih sadežev, žuželk, omake, juhe ...

BREZ JAJC

Brez jajčnega beljaka, rumenjaka ...

BREZ MLEKA IN MLEČNIH IZDELKOV

Brez mleka, sira, jogurta, sirotke, kazeina, laktoze ...

BREZ ŽIVALSKIH PROIZVODOV

Brez medu, želatine, svinjske masti, olja, krvi, kosti, maščobe ...

[Slovenian]

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[English]

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[English]

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Brez sesalcev, ptic, rib, morskih sadežev, žuželk, omake, juhe ...

BREZ JAJC

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BREZ MLEKA IN MLEČNIH IZDELKOV

Brez mleka, sira, jogurta, sirotke, kazeina, laktoze ...

BREZ ŽIVALSKIH PROIZVODOV

Brez medu, želatine, svinjske masti, olja, krvi, kosti, maščobe ...

[Slovenian]

Somali

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NO MEAT

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NO EGG

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NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ANIGU WAXAAN AHAY VEGAN

Cuntooyinka warshadda kaliya raalli!

HILIB MA

Ma naasleey, shimbir, kalluun, cuntada badda, cayayaanka, maraqa, maraq ...

UKUN LAHAYN

Yellow-lahayn, albumen, caddaanka ...

CAANAHA LAHAYN

Ma caanaha, labeenta, farmaajo, garoor, myse, casein, lactose

MA SOO SAARKA XOOLAHA

Ma malab, gelatin, subag, saliid, dhiig, lafaha, baruurta ...

[Somali]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

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[English]

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[Somali]

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[English]

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[Somali]

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[English]

ANIGU WAXAAN AHAY VEGAN

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Ma naasleey, shimbir, kalluun, cuntada badda, cayayaanka, maraqa, maraq ...

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Ma caanaha, labeenta, farmaajo, garoor, myse, casein, lactose

MA SOO SAARKA XOOLAHA

Ma malab, gelatin, subag, saliid, dhiig, lafaha, baruurta ...

[Somali]

Spanish~

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Plant foods only please!

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No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

YO SOY VEGANO / A

Sólo alimentos de origen vegetal por favor!

SIN CARNE

Sin mamíferos, aves, pescados, mariscos, insectos, salsa, caldo

SIN HUEVO

Sin clara de huevo, albúmina, yema de huevo ...

SIN LÁCTEOS

Sin leche, queso, yogur, suero de leche, caseína, lactosa ...

SIN PRODUCTOS DE ORIGEN ANIMAL

Sin miel, gelatina, manteca, aceite, sangre, hueso, grasa ...

[Spanish]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

YO SOY VEGANO / A

Sólo alimentos de origen vegetal por favor!

SIN CARNE

Sin mamíferos, aves, pescados, mariscos, insectos, salsa, caldo

SIN HUEVO

Sin clara de huevo, albúmina, yema de huevo ...

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Sin miel, gelatina, manteca, aceite, sangre, hueso, grasa ...

[Spanish]

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NO DAIRY

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NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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Sin clara de huevo, albúmina, yema de huevo ...

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Sin leche, queso, yogur, suero de leche, caseína, lactosa ...

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[Spanish]

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NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

YO SOY VEGANO / A

Sólo alimentos de origen vegetal por favor!

SIN CARNE

Sin mamíferos, aves, pescados, mariscos, insectos, salsa, caldo

SIN HUEVO

Sin clara de huevo, albúmina, yema de huevo ...

SIN LÁCTEOS

Sin leche, queso, yogur, suero de leche, caseína, lactosa ...

SIN PRODUCTOS DE ORIGEN ANIMAL

Sin miel, gelatina, manteca, aceite, sangre, hueso, grasa ...

[Spanish]

Sundanese

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

KAMI VEGAN

Pangan tutuwuhan ngan mangga!

NO DAGING

No mamalia, manuk, lauk, kadaharan ti laut, serangga, asin, kaldu ...

NO ENDOG

No konéng, albumen, bule ...

NO SUSU

No susu, cream, kiju, yogurt, whey, casein, laktosa ...

NO PRODUK SATO

No madu, gelatin, gajih babi, minyak, getih, tulang, lemak ...

[Sundanese]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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No madu, gelatin, gajih babi, minyak, getih, tulang, lemak ...

[Sundanese]

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NO MEAT

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No yolk, albumen, whites...

NO DAIRY

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NO ANIMAL PRODUCTS

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[English]

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Pangan tutuwuhan ngan mangga!

NO DAGING

No mamalia, manuk, lauk, kadaharan ti laut, serangga, asin, kaldu ...

NO ENDOG

No konéng, albumen, bule ...

NO SUSU

No susu, cream, kiju, yogurt, whey, casein, laktosa ...

NO PRODUK SATO

No madu, gelatin, gajih babi, minyak, getih, tulang, lemak ...

[Sundanese]

Swahili

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

MIMI NI VEGAN

Kupanda vyakula tu tafadhali!

HAKUNA NYAMA

Hakuna wanyama, ndege, samaki, dagaa, wadudu, mchuzi, mchuzi wa ...

HAKUNA YAI

Hakuna wazungu, albumen, yolk ...

HAKUNA MAZIWA

Hakuna maziwa, jibini, mtindi, maziwa, kasini, lactose ...

BIDHAA ZA WANYAMA HAKUNA

Hakuna asali, gelatin, mafufa ya nguruwe, mafuta, damu, mifupa, mafuta ...

[Swahili]

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[English]

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[English]

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[Swahili]

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[Swahili]

Swedish~

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

JAG ÄR VEGAN

Endast mat från växter, tack!

INGET KÖTT

Inga däggdjur, fåglar, fisk eller annan havsmat,
insekter, såser, buljong...

INGET ÄGG

Ingen äggvita eller äggula...

INGA MJÖLKPRODUKTER

Ingen mjölk, ost, yogurt, vassla, kasein, laktos...

INGA PRODUKTER FRÅN DJUR

Ingen honung, gelatin, ister, olja, blod, ben, fett...

[Swedish]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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[English]

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[English]

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[Swedish]

Tajik

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Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

MAH VEGAN ҲАСТАМ

Маҳсулоти растанӣ танҳо писанд!

НЕСТ ГҶШТ

Нест ҳайвоноти ширхор, парранда, моҳӣ, маҳсулоти баҳрӣ, ҳашароти, чошнии, шӯрбои ...

НЕСТ ТУХМ

Нест зардии, albumen, сафедпӯстон ...

НЕСТ ШИРӢ

Нест шир, яхмос, панир, йогурт, зардоби, casein, лактоза ...

НЕСТ МАҲСУЛОТИ ЧОРВО

Нест асал, желатини, чарбуи, нафт, хун, устухон, равғани ...

[Tajik]

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Plant foods only please!

NO MEAT

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NO EGG

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[English]

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[Tajik]

Tamil

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[English]

நான் சைவ உணவு பழக்கம் இருக்கிறேன்
தாவர உணவுகள் மட்டுமே வேண்டாம்;

எந்த இறைச்சி

எந்த பாலாட்டி, பறவை, மீன், மீன் உணவு, பூச்சி, சாஸ்,
குழம்பு ...

எந்த முட்டை

எந்த மஞ்சள் கரு, ஆல்புமினில், வெள்ளையர் ...

எந்த பால்

எந்த பால், கிரீம், சீஸ், தயிர், மோர், கேசீன், லாக்டோஸ்

எந்த விலங்கு பொருட்கள்

எந்த தேன், ஜெலட்டின், பன்றி கொழுப்பு, எண்ணெய்,
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[Tamil]

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[English]

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[Tamil]

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[English]

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[Tamil]

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[English]

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[Tamil]

Telugu

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

నేను శాకాహారి am

మొక్క ఆహారాలు మాత్రమే దయచేసి!

ఏ మాంసం

ఏ క్షీరదం, పక్షి, చేప, సీపుడ్, క్రిమి, సాస్, ఉడకబెట్టిన పులుసు

ఏ గుడ్డు

ఏ పచ్చసొన, తెల్లసొన, శ్వేతజాతీయులు ...

ఏ పాడి

ఏ పాలు, క్రీమ్, జున్ను, పెరుగు, పాలవిరుగుడు, కెసిన్, లాక్టోజ్

ఏ జంతు ఉత్పత్తులు

ఏ తేనె, జెలటిన్, పందికొవ్వు, చమురు, రక్తం, ఎముక, కొవ్వు ...

[Telugu]

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[English]

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ఏ పచ్చసొన, తెల్లసొన, శ్వేతజాతీయులు ...

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ఏ జంతు ఉత్పత్తులు

ఏ తేనె, జెలటిన్, పందికొవ్వు, చమురు, రక్తం, ఎముక, కొవ్వు ...

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[English]

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Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No yolk, albumen, whites...

NO DAIRY

No milk, cream, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

నేను శాకాహారి am

మొక్క ఆహారాలు మాత్రమే దయచేసి!

ఏ మాంసం

ఏ క్షీరదం, పక్షి, చేప, సీపుడ్, క్రిమి, సాస్, ఉడకబెట్టిన పులుసు

ఏ గుడ్డు

ఏ పచ్చసొన, తెల్లసొన, శ్వేతజాతీయులు ...

ఏ పాడి

ఏ పాలు, క్రీమ్, జున్ను, పెరుగు, పాలవిరుగుడు, కెసిన్, లాక్టోజ్

ఏ జంతు ఉత్పత్తులు

ఏ తేనె, జెలటిన్, పందికొవ్వు, చమురు, రక్తం, ఎముక, కొవ్వు ...

[Telugu]

Thai

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ผมกินเจครับ / ฉันกินเจค่ะ

ฉันกินอาหารจากพืชเท่านั้นครับ/ค่ะ

ไม่กินเนื้อสัตว์

ไม่กินสัตว์เลี้ยงลูกด้วยนม สัตว์ปีก ปลา อาหารทะเล แมลง น้ำปลา

ซอสหอยนางรม น้ำต้มกระดูก

ไม่กินไข่

ไม่กินไข่ขาว ไข่แดง

ไม่กินผลิตภัณฑ์จากนม

ไม่กินนม ชีส โยเกิร์ต เวย์โปรตีน เคซีน แลคโตส

ไม่กินผลิตภัณฑ์จากสัตว์

ไม่กินน้ำผึ้ง เจลาติน ไขมันหมู น้ำมันหมู เลือด กระดูก ไขมันสัตว์

[Thai]

17

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

ผมกินเจครับ / ฉันกินเจค่ะ

ฉันกินอาหารจากพืชเท่านั้นครับ/ค่ะ

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ไม่กินผลิตภัณฑ์จากสัตว์

ไม่กินน้ำผึ้ง เจลาติน ไขมันหมู น้ำมันหมู เลือด กระดูก ไขมันสัตว์

[Thai]

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NO MEAT

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NO EGG

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NO DAIRY

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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[Thai]

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[English]

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ไม่กินน้ำผึ้ง เจลาติน ไขมันหมู น้ำมันหมู เลือด กระดูก ไขมันสัตว์

[Thai]

17

Turkish~

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NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

BEN VEGANIM

Lütfen sadece bitkisel besin!

ET YOK

Memeli hayvan, kuş, balık, deniz ürünleri, böcek, et ve tavuk suyu/sosu yok...

YUMURTA YOK

Beyazı/aki ve yumurta sarısı yok...

SÜT YOK

Süt, peynir, yoğurt, peynir altı suyu, kazein, laktoz, süt tozu yok...

HIÇBİR HAYVANSAL ÜRÜN YOK

Bal, jelatin, domuz yağı, tereyağı, kan, kemik yok...

[Turkish]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

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ET YOK

Memeli hayvan, kuş, balık, deniz ürünleri, böcek, et ve tavuk suyu/sosu yok...

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Beyazı/aki ve yumurta sarısı yok...

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[English]

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[English]

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[Turkish]

Ukrainian

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

Я СТРОГИЙ ВЕГЕТАРИАНЕЦЬ

Рослинної їжі тільки, будь ласка!

НЕМАЄ М'ЯСА

Немає ссавців, птахів, риба, морепродукти,
комахи, соус, бульйон ...

НЕ ЯЙЦЕ

Не білки, білок, жовток ...

НЕМАЄ МОЛОЧНИХ

Не молоко, сир, йогурт, сироватка, казеїн, лактоза ...

НЕМАЄ ПРОДУКТІВ ТВАРИННОГО ПОХОДЖЕННЯ

Не мед, желатин, сало, масло, кров, кістки, жир ...

[Ukrainian]

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

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[English]

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[English]

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[English]

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НЕ ЯЙЦЕ

Не білки, білок, жовток ...

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Не молоко, сир, йогурт, сироватка, казеїн, лактоза ...

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[Ukrainian]

Urdu

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[English]

میں ویگن ہوں

!پودوں سے اصل غذا صرف کریں

گوشت نہیں

کوئی ستنپایی، پرندوں، مچھلی، سمندری غذا، کیڑے، چٹنی، شوربے

کوئی انڈے

کوئی جردی، انڈے کی سفیدی، گوروں

کوئی دودھ

کوئی دودھ، کریم، پنیر، دبی، چھینے، کیسین، لیکٹوج

کوئی جانوروں کی مصنوعات

کوئی شہد، جلیٹن، سور کی چربی، تیل، خون، ہڈی، چربی

[Urdu]

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[English]

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گوشت نہیں

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کوئی دودھ

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[English]

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!پودوں سے اصل غذا صرف کریں

گوشت نہیں

کوئی ستنپایی، پرندوں، مچھلی، سمندری غذا، کیڑے، چٹنی، شوربے

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کوئی دودھ

کوئی دودھ، کریم، پنیر، دبی، چھینے، کیسین، لیکٹوج

کوئی جانوروں کی مصنوعات

کوئی شہد، جلیٹن، سور کی چربی، تیل، خون، ہڈی، چربی

[Urdu]

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کوئی جانوروں کی مصنوعات

کوئی شہد، جلیٹن، سور کی چربی، تیل، خون، ہڈی، چربی

[Urdu]

Uzbek

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

MEN VEGAN

O'simlik ovqatlar faqat ma'qul!

YO'Q GO'SHT

Yo'q darrandalar, qush, baliq, dengiz mahsulotlari, hasharotlar,

SOS, bulyon ...

YO'Q TUXUM

Yo'q sarig'i, oqsil, oq ...

YO'Q SUT

Yo'q sut, qaymoq, pishloq, qatiq, zardob, kazein, laktoza ...

YO'Q HAYVON MAHSULOTLARI

Yo'q asal, jelatin, cho'chqa yog'i, neft, qon, suyak, yog '...

[Uzbek]

I AM VEGAN

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NO MEAT

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No honey, gelatin, lard, oil, blood, bone, fat...

[English]

MEN VEGAN

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[English]

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Yo'q darrandalar, qush, baliq, dengiz mahsulotlari, hasharotlar,

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[English]

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O'simlik ovqatlar faqat ma'qul!

YO'Q GO'SHT

Yo'q darrandalar, qush, baliq, dengiz mahsulotlari, hasharotlar,

SOS, bulyon ...

YO'Q TUXUM

Yo'q sarig'i, oqsil, oq ...

YO'Q SUT

Yo'q sut, qaymoq, pishloq, qatiq, zardob, kazein, laktoza ...

YO'Q HAYVON MAHSULOTLARI

Yo'q asal, jelatin, cho'chqa yog'i, neft, qon, suyak, yog '...

[Uzbek]

Vietnamese~

I AM VEGAN

Plant foods only please!

NO MEAT

No mammal, bird, fish, seafood, insect, sauce, broth...

NO EGG

No whites, albumen, yolk...

NO DAIRY

No milk, cheese, yogurt, whey, casein, lactose...

NO ANIMAL PRODUCTS

No honey, gelatin, lard, oil, blood, bone, fat...

[English]

TÔI ĂN THUẦN CHAY

Thức ăn thực vật chỉ xin vui lòng!

KHÔNG CÓ THỊT

Không có loài động vật có vú, chim, cá, hải sản, côn trùng, nước chấm, nước dùng ...

KHÔNG CÓ TRỨNG

Không có da trắng, lòng trắng, lòng đỏ trứng ...

KHÔNG SỮA

Không có sữa, pho mát, sữa chua, váng sữa, casein, lactose ...

KHÔNG CÓ SẢN PHẨM ĐỘNG VẬT

Không có mật ong, gelatin, mỡ lợn, dầu, máu, xương, chất béo

[Vietnamese]

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[Vietnamese]

Welsh

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[English]

YR WYF YN FEGAN

Bwydydd planhigion yn unig os gwelwch yn dda!

DIM CIG

Dim mamaliaid, adar, pysgod, bwyd môr, pryfed, saws, cawl ...

DIM WY

Unrhyw gwyn, albumen, melynwy ...

DIM LLAETH

Dim llaeth, caws, iogwrt, maidd, gasein, lactos ...

UNRHYW GYNNYRCH ANIFEILIAID

Dim mêl, gelatin, lard, olew, gwaed, esgyrn, braster ...

[Welsh]

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[Welsh]

Xhosa

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NO DAIRY

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[English]

MNA IDEAS

Ukutya izityalo ukumkholisa kuphela!

AKUKHO NYAMA

Akukho esanyisayo, intaka, intlanzi, zaselwandle, isinambuzane, nesosi, umhluzi ...

AKUKHO IQANDA

Akukho isikhamiso, albumen, abamhlophe ...

AKUKHO ZOBISI

Akukho bisi, cream, itshizi, iyogathi, Hotmail, yicasein, lactose ...

AKUKHO NEEMVELISO ZEZILWANYANA

Akukho nobusi, newax, i-lard, i-oyile, igazi, ithambo, namanqatha

[Xhosa]

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[Xhosa]

Yiddish

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[English]

איך בין וועגאן

פאבריק פודז נאָר ביטע!

קיין פלייש

ניט מאַמאַל, פויגל, פיש, יאָמ - שפּיז, ינסעקט, סאַוס, יויך ...

קיין יי

קיין ווייץ, אַלבומען, יאָוק ...

ניט מילכיג

קיין מילך, קעז, יאָגורט, וויי, קייסין, לאַקטאָוס ...

ניט כיינע פראָדוקטן

קיין האָניק, דזשעלאַטאָן, לאַרד, ייל, בלוט, ביינ, גראַב ...

[Yiddish]

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Yoruba

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[English]

MO WA AJEWEBE

Ohun ọgbín onjẹ nikan lorun!

KO SI ERAN

Ko si mammal, eye, eja, onje bi eja,
kokoro, obe, broth ...

KO SI EYIN

Ko si eniyan alawo funfun, albumen, yolk ...

KO SI IBI IFUNWARA

Ko si wara, warankasi, wara, whey, casein, lactose ..

KO SI ERANKO AWỌN ỌJA

Ko si oyin, gelatin, lard, ororo, eje, egungun, sanra ...

[Yoruba]

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Zulu

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[English]

I AM VEGAN

Ukudla plant kuphela ukujabulisa!

Akukho Nyama

Akukho esincelisayo, nyoni, inhlanzi, kwasolwandle, isinambuzane, usoso, aba ...

Akukho Amaqanda

Akukho abamhlophe, albumen, isikhuphasha ...

Akukho Avalele

Akukho ubisi, ushizi, yogurt, whey, casein, lactose ...

Akukho Imikhiqizo Yezilwane

Akukho uju, gelatin, isinqumelo, amafutha, igazi, ithambo, fat ...

[Zulu]

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