

⑤ **VISUALIZE:** Visualize a world of peace, love and harmony with your Compassionate Living Circle or individually. Identify in your mind's eye what it looks like. When we visualize our world, we can create it.

⑥ **RESPECT:** Include respect for and a desire to do no harm to all creatures in your place of worship's mission statement. Include language such as "guardian" rather than "owner" when referring to companion animals. Use pronouns other than "it" when referring to any living being.

⑦ **PRACTICE NONVIOLENCE:** Develop a nonlethal policy to remove or repel insects, mice and others without harming them, and a policy to protect birds from window collisions.

⑧ **ENCOURAGE:** Organize group outings that are nonviolent, such as hiking, camping and canoeing, instead of hunting, fishing, or attending rodeos, zoos and circuses.

⑨ **SUSTAIN:** Establish a policy for purchasing ecologically sustainable and fair-trade products, such as eco-friendly cleaning products, candles and Leaping Bunny certified items that are not tested on animals and do not contain animal byproducts.

⑩ **INSPIRE:** Receive a "Vegan" or "Vegan Friendly" designation for your place of worship from the Interfaith Vegan Coalition.

## Support

Contact us at [interfaith@idausa.org](mailto:interfaith@idausa.org) or 800.705.0425. Access our Advocacy Kits with films, books, quotes, prayers, ceremonies and other resources at [InterfaithVeganCoalition.org](http://InterfaithVeganCoalition.org).



**IN DEFENSE  
OF ANIMALS**

